



# The Villager

Distributed Friday

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August 24, 2023

## The News this Week

- **Fires in Montgomery Village**  
(See items on pages 1 & 4)
- **CC&Rs voting deadline extended**  
(See items on pages 1 & 3)
- **Proposed Association AC Rule**  
(See article on page 3)
- **Clubs and Committees Expo**  
(See article on page 7)
- **Master Calendar Deadline approaching**  
(See article on page 1)
- **Ready! Set! Go! Wildfire Action Plan**  
(See article on page 23)

## Trips, Classes & Events

See page 12

## Channels 26 & 27

Community TV channel:

CHANNEL 27: Currently playing

- Association CC&R Town Hall
- Welcome to Our Website
- Avoiding Senior Scams
- Living with Wildfires
- Aerial views of The Villages
- Fitness videos

(See page 12 for broadcast times on the above items and for other programming.)



## Inside The Villager

Community News.....	2,4,5,7,23
Boards & Committees.....	3
Management.....	4
Governance Meetings.....	5
Community Activities.....	6,7
Club Calendars.....	7
Clubhouse/Bistro.....	8,9,10,11
Calendar of Events.....	12
Clubs & Events.....	13,14,15,16,27
Religion.....	17
Sports.....	18,19,20,21
Scoreboard.....	21
Landscape & Maintenance.....	22
Classified Ads.....	24,25,26

## Fire damages Montgomery carports; no one injured

At 4:40 a.m. on Saturday, August 19, San Jose Fire Department dispatch notified Public Safety of a reported structure fire on Montgomery Bend. San Jose Fire Engine #11 and Public Safety responded and were on scene in three to four minutes. The Engine #11 crew aggressively attacked the fire and contained it within minutes. Thirteen other San Jose Fire Department units arrived shortly thereafter. The cause of the fire is currently under investigation. All residents in the three affected units evacuated safely. One home suffered major damage to the carport and garage and lost two vehicles. One neighboring home suffered damages to the carport, and another home sustained attic and roof damage. S.J.F.D. remained on scene to monitor hot spots for several hours. No injuries were reported.



The burned carport on Montgomery Bend. (See page 4 for more fire pictures.) Photo by Frank Langben

## 2024 Master Calendar deadline approaching!

Attention all Boards, Committees, and Board-Recognized Organizations (BROs), your time is nearly up! The Master Calendar 2024 required documents and calendar requests are due on August 31. The Community Activities packets are available at [resident.thevillagesgcc.com/master-calendar/](http://resident.thevillagesgcc.com/master-calendar/) or in Building B. The Clubhouse packets are available at the same website or in Building D.

If you need assistance completing the packet, please reach out to the respective departments. Packets received after the deadline will be processed last.

## Villages Amateur Theatre to present 'Old Time Radio Hour Show'

Have you ever listened to a radio show on PBS and wondered what it would be like to be in the studio when the show is being broadcast? Well, now is your chance to do just that. And it's entirely free!

The Villages Amateur Theatre along with the blue grass band, Scotch Creek, is performing an "Old Time Radio Hour Show" on **Thursday, September 7** at 3 p.m. in Cribari Auditorium. The show features great blue grass music from Scotch Creek and readings from "Stories I Ain't Told Nobody Yet," performed by your friends and neighbors. Funny or sad, they will all touch you in some way.

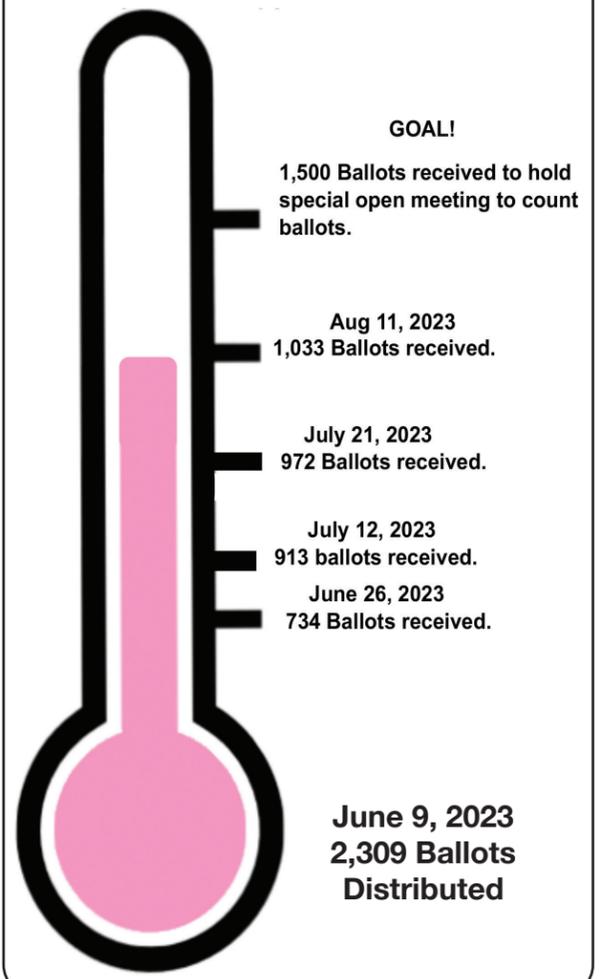
Following the performance, we will be serving wine and cheese to give you an opportunity to mingle with friends and performers and find out a bit more about the VAT and Scotch Creek. No reservations are required. Just show up and have a great time. No reserved seating, so it is first come, first served. Don't miss it.



## CC&RS Amendment Vote Ballot Deadline Sept. 25

(See page 3 for information on replacement ballots)

**1,155 Yes votes required for approval**



# COMMUNITY NEWS

## PULSE

Dear Readers:

The Villager welcomes everyone's voice sharing ideas, opinions and accounts of life in The Villages in the Pulse column. Please follow the guidelines carefully.

Pulse deadline is 4 p.m. on Thursday of the week prior to publication. Pulse letters will be published in complete or abridged form at the discretion of the Publisher and in accordance with the editorial policies and rules established by the Club Board of Directors. (See VGCC Rule 1.30.) Opinions expressed by Pulse letter authors do not necessarily reflect the opinions of The Villager Publisher, staff, boards of directors or management.

All Pulse letters must be 200 words or fewer on a single topic relating to life in the Villages. Letter authors are limited to one published Pulse letter per month. Each letter must also include name, address, phone number, date and number of words. Typed or legibly written letters must include your signature and may be hand delivered to the Pulse mailbox in Administration Building B or by mailing to the Communications Advisory Committee, 5000 Cribari Lane, San Jose, CA 95135.

Letters may be submitted electronically through the Pulse Submission Form on the Resident Portal: resident.thevillagesgcc.com/pulse, or emailed to Villager Managing Editor S. Hinrichs: shinrichs@the-villages.com.

E-mailed letters must include the text within the body of the e-mail and the subject line must read PULSE LETTER.

1 Pulse letter received this week.

0 Pulse letters not meeting Pulse Letter Guidelines.

1 Pulse letter published this week.

**Note: Pulse authors are solely responsible for the statements and opinions contained in the Pulse letters. The Villager does not verify the accuracy of any statements.**

All Pulse letters that are published are retained by the Communications Advisory Committee (CAC) for a period of 12 months. Rejected Pulse letters are not shared with anyone outside the CAC, management or Club Board and staff liaisons for the reason of confidentiality.

The internet and cable services from Comcast has been very unreliable lately. Quite a few nights at around 8:30 p.m. to 9:30 p.m. both services went down for 10 minutes, sometime for over an hour. Can The Villages management find out what is going on with our service from Comcast since they are the one negotiated the deal for us?

—Arthur Yu

## ABOVE & BEYOND

A few weeks ago, my wife and I were awakened when a large oak tree crashed on top of our condo and punctured two holes through our living room ceiling. Our entire back yard area was covered with tree limbs, our roof was damaged, and our back patio was impassable. We called Maria Hernandez, Association Operations Manager, and she in turn came out with Todd Maria. In the next 24 hours work crews came to install temporary patches to our roof, clear away all the tree debris, and determine what was needed to restore our home. All of the work crews have done a fabulous job and we are now back to normal.

— Peter and Nan Holmes

## THANK YOU

Thank you to all my neighbors and friends for celebrating my 99th birthday and for all the gifts and flowers. I love you all.

—Fannie Grizolet

## A Note From Comcast

Comcast announced some service enhancements coming to The Villages. Starting August 25 Comcast is upgrading its cabling throughout the neighborhood and introducing its 10-G network to bring better service to residents, with faster, more reliable speeds.

This upgrade will happen in phases throughout The Villages, with notices going out to each affected resident. During the upgrade there will be intermittent outages as Comcast improves its network, and residents will be made aware of the service down time. Currently Comcast is going to begin at and around Cribari Heights and Cribari Vale.

To contact Comcast Cable (Xfinity) follow the instructions on the email notice or call 855-307-4896.

## Modified Golf Course Walking Schedule

**Monday, September 4** – Due to the Labor Day Holiday, pedestrians will be permitted to walk on the golf course before 7 a.m. and after dusk only. Thank you for your cooperation. Please be safe!



## IN MEMORIAM

In Memoriam notices are run free of charge.

Notices include name of deceased, date of birth and date of passing. Brief notices of memorial gatherings may be included with the notice, providing event is held in a Villages' facility.

Obituary notices may be placed in the Classified Advertising section for a fee. For more information, please call Kory Tran at ktran@the-villages.com or 408-754-1341 or Scott Hinrichs at shinrichs@the-villages.com or 408-223-4655.

### DEADLINES

**General Copy:** All general copy, other than sports, is due by 4:30 p.m. Thursday, seven days prior to publication. For editorial information call 408-754-1341 or 408-223-4655 or email ktran@the-villages.com.

**Sports:** Sports copy is acceptable after deadline only by permission of the Managing Editor, 408-223-4655.

**Classified Ads:** Classified ads, renewals, cancellations and changes are due by 10 a.m. on the Monday before publication. Holiday deadlines differ. All classified ads must be in writing. You may fax classified ads to 408-274-2843 or e-mail to: areed@the-villages.com or ktran@the-villages.com. For more information, please call 408-223-4657, 408-754-1341 or 408-223-4655.

**Display Ads:** Display ad rates and placement may be arranged by calling Adrienne at 408-223-4657. Display advertising information is available on The Villages web site at: www.thevillagesgcc.com.

**Delivery:** The Villager is published on Thursday and distributed to all residents Friday morning. Extra copies of the latest editions are usually available in The Villager office and in the Library.

Call 408-223-4655 to report missed deliveries.

### POLICIES

Publication of advertising in The Villager does not constitute endorsement. Licensed real estate professionals advertising in The Villager are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.

All copy is subject to editing and must be submitted with that understanding. The Villager reserves the right to reject or discontinue advertising or articles that are deemed unsuitable.

**The Villages Communications Advisory Committee** "To inform and connect Villagers" develops operational plans, reviews rules and policies, and advises the General Manager and Club Board on issues pertaining to The Villager, including Pulse letters, Channel 26, Fast Lane and the web site. Residents having relevant concerns may attend meetings or call committee members by phone: Chair Nick Yannaccone at 408-219-9296, Sue Callahan 408-238-2413, Jeanette Campa 408-661-0203, Debbie Champion at 408-960-6994, Barbara Clurman at 347-451-5309, Thomas Moore at 408-887-5322, and Janis Silver at 408-274-6605.

### HOURS

The Villager editorial and classified advertising hours are Monday through Friday, 8:30 a.m. to 4:30 p.m. The Villager display advertising office hours are by appointment. Call 408-223-4657 to schedule.

The Villager is the official and legal communication medium for The Villages, a Senior Community. Its mission is to provide residents with timely information about activities, facilities and services at The Villages, and to promote a sense of community by documenting and celebrating those common experiences highlighting life at The Villages.

THE WEEKLY VILLAGER is published every Thursday under policies established by the

### Club Board of Directors:

Leslie Lambert	President
Judy Owen	Vice President
Bob Krattli	Secretary
Richard Zahner	Treasurer
Liz Kung	Director
Larry Versaw	Director
Andrew Altman	Director

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Scott Hinrichs	Managing Editor
Kory Tran	Associate Editor
Jerry Marquez	Design Editor
Adrienne Reed	Advertising Customer Service

THE WEEKLY VILLAGER is published by The Villages Golf and Country Club, 5000 Cribari Lane, San Jose, California 95135. Copyright 2023. All rights reserved. Visit The Villages web site at: thevillagesgcc.com

# BOARDS & COMMITTEES

## THE HOMEOWNERS' CORPORATION

### Single-family homeowners, meet your ACC

Your neighbors serving as volunteers on the Homeowners' Corporation's Architectural Control Committee (ACC) are: Committee Chair and Voting Member Shel Rosenblum, Voting Members Jane Shah and Lesley Robinson and Associate Members Walter Lucas and Allen Rubin.

These five fellow homeowners review your applications and make site visits to inspect your project. Their goal is to not only make sure you stay within the guidelines of the rules but to help you get the results you're seeking in your home or property improvement project.

The process is simple with submittal of an application you receive approval usually in less than a week. So the next time you're planning to make external changes to your home or property, contact AC Administrator Elissa Caruso at 408-754-1344 to get an application and get the committee review process started. Let's all work together to continue making The Villages the best it can be.

### CC&Rs Voting Deadline Extended!

The Villages Association Board has approved to extend the ballot deadline for vote for the Third Amendment to the CC&Rs. The new deadline is Monday, September 25 at 8:00 a.m. As described in the ballot package, for this amendment to pass at least 1,155 votes must be in favor of the proposed amendment. As of July 11, 2023, the overall percentage of ballots received is 40%, or a total number of ballots of 913. With Valle Vista in the lead at 53%, and Cribari with the lowest percentage received at 26% below are the percentages of ballots received by District.

Sonata: 45%	Del Lago: 45%	Fairways: 36%
Cribari: 26%	Montgomery: 40%	Verano: 50%
Highland/Glen Arden: 39%	Hermosa: 46%	Valle Vista: 53%
Heights: 39%	Olivas: 50%	

**If you have not voted already, please Vote Now! If you need a replacement ballot please contact Julia Meadows at 408-223-4674 or [jmeadows@the-villages.com](mailto:jmeadows@the-villages.com)**

### Call 911 for medical emergencies

Public Safety would like to remind you, in the event of a medical emergency, please remember to dial 911 first.

Public Safety monitors all emergency calls through San Jose Fire Dispatch. We will respond at the exact same time as the Fire Department and Paramedics.

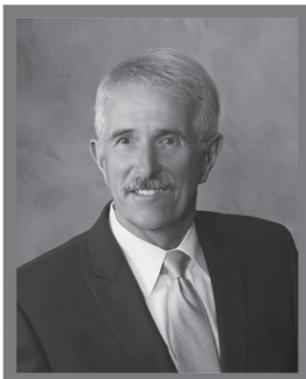
Calling the front gate can only delay response time by emergency personnel. It is always quicker to call 911. It is the only phone call you will need to make.

More **BOARDS & COMMITTEES,**  
**MANAGEMENT and COMMUNITY**  
**NOTICES on pages 4, 5, 7 & 23**

## Estate Planning Attorneys

Establishing or updating your Estate Plan has never been more important than it is right now. At Del Ponte and Hirz, we offer comprehensive Estate Planning, Probate, and Trust Administration services.

Call us to schedule your Free Consultation!



**Del Ponte & Hirz**  
 Attorneys at Law

We have many family members, friends, and clients who call The Villages their home. We can accommodate COVID-19 concerns with telephonic or video consultations and social distanced or no-contact document execution.

**(408) 294-4525**

[www.DelPonteandHirz.com](http://www.DelPonteandHirz.com)

[info@delponteandhirz.com](mailto:info@delponteandhirz.com)

75 E. Santa Clara Street, Suite 275, San Jose, CA 95113



### Stay in touch with essential developments on Fast Lane!

Because of rapid and frequent developments in our world that directly affect our community, keeping informed is essential. And now more than ever, it is important to be up on the latest developments in your community. Get those vital updates by signing up for Fast Lane, The Villages email newsletter. It is both quick and easy and you can do it online or over the phone. To sign up or get more information, contact Communications Coordinator Ken Patterson at 408-223-4681; [kpatterson@the-villages.com](mailto:kpatterson@the-villages.com), or on the Villages Resident Portal: [resident.thevillagesgcc.com](http://resident.thevillagesgcc.com)

There are currently six editions of The Fast Lane: Wednesday (general announcements and board-recognized events), Friday (Board and Committee meeting information), Saturday (Maintenance Services), The Clubhouse & Bistro every Monday, The Pro Shop Tuesday, and Community Activities every Thursday.



### Questions for the Club Board?

The Club Board of Directors (CBOD) appreciates the need in having your questions answered. The CBOD has a column in *The Villager* so that all those interested can see the question and response. If you have any questions, please email them to Julia Meadows at [jmeadows@the-villages.com](mailto:jmeadows@the-villages.com) or you can put a written question in the drop-box in the parking lot of Building A.



The entire Board is interested in communicating the proper information for your understanding of issues and current events.

### 'Ask the ABOD'

The Association Board of Directors (ABOD) appreciates the need in having your questions answered. The ABOD has a column in *The Villager* so that all those interested can see the question and response. If you have any questions, please email them to Maria Elizabeth Hernandez at [MEHernandez@the-villages.com](mailto:MEHernandez@the-villages.com) or drop them in the drop-box in the parking lot of Building A.



The entire Board is interested in communicating the proper information for your understanding of issues and current events.

**A GREAT DEAL! Villager Business Card Ads**

**\$43 per week!**

**Call Adrienne**

**at 408-223-4657**



# MANAGEMENT

## 2024 Telephone Directory updates

It is time for input for the 2024 Villages Telephone Directory. If you want to update your information, please contact Public Safety Administration (Building C) at 408-239-5246, option 2, as soon as possible.

The deadline for any changes for the 2024 Telephone Directory is Friday, September 22, 2023.

## Missed your Villager?

If you missed delivery of your weekly copy of *The Villager*, please call 408-223-4655 after 11:30 a.m. to report it.

You may pick up a replacement copy of your paper at the newsstand at the entrance of Building B or go online to the Villages website—[www.thevillagesgcc.com](http://www.thevillagesgcc.com)—and download the current and past editions to your computer.



**N. Jeanette Campa**  
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## Fire on Montgomery Bend



Firefighters begin to wrap things up after the fire has been put out. Photo by Frank Langben



Fourteen vehicles from the San Jose Fire Department responded. Photo by Frank Langben



The firefighters from nearby Station #11 were first on the scene.

Photo by Clare Ferry

# GOVERNANCE MEETINGS

## THE DACs

### Attention DAC publicity chairs:

To get the word out to your membership you may list your DAC meetings in The Villager, on Channel 26 and in Fast Lane e-mail blasts. For two advance notices of your meeting in The Villager, please get your notice in at least three weeks prior to the meeting date. You may e-mail your meeting notices to Associate Editor Kory Tran at: ktran@the-villages.com (For questions, call Kory at 408-754-1341). Channel 26 and Fast Lane notices may be e-mailed to Communications Coordinator Ken Patterson at: kpatterson@the-villages.com (For questions or more information, please call Ken at 408-223-4681.) You may also submit your articles and electronic notices on the Resident Portal: www.thevillagesgcc.com

## More COMMUNITY NOTICES

### (SRS) SENIOR RESOURCE SERVICES

#### DMV option to take written test

In past years, if you were 70 or over and needed to renew your California driver's license, you had to take the written multiple-choice test. You now have a new option to take the written test called eLearning. It is a fully online, self-directed course of seven interactive lessons. One of the SRS team members recently chose the eLearning DMV option and below is his experience.

The best approach to renewing your license is to do as much as you can online prior to your DMV appointment. Log into your DMV account (or create an account if you don't have one yet). Once you are signed in, click on the "Driver's License renewal" link. Complete as much as you are able online (including making the required payment of \$41). At some point you will get a message that you cannot complete your Driver's License renewal on-line (that is because you are over 70) and you will be asked if you want to take the eLearning course (instead of taking the test at the DMV offices) before coming into the DMV offices.

When you agree to take the eLearning Course option, you will receive an e-mail with a link to the Virtual Test Center eLearning course. The eLearning course is essentially an online version of the relevant sections of the California Driver's Handbook, covering such topics as Navigating the Roads; Rules of the Road; Safe Driving; and Alcohol and Drugs. The eLearning course is divided into seven sections, with each section covering about 10 items. At the end of each section there is a multiple choice test of five or six questions. If you get a question wrong, you can go back and correct it. Each section and test can take about 20 minutes to complete.

Once you start the course you have 30 days to complete it. At any point you can bookmark and stop wherever you like during the process of the course, and then pick up and resume where you left off. The eLearning materials are available 24/7.

Once you've successfully completed the eLearning materials and testing you get an e-mail message advising you to make an appointment at the DMV (and to allow at least one business day for your online record to be available to the DMV Office). You are advised to make a copy of that e-mail to present it to the DMV at your appointment as it contains your application confirmation code and payment confirmation number.

One can go to the DMV without an appointment, but that is likely to add one to two hours to your visit. Even with an appointment, it is prudent to expect your visit to last around 90 minutes, as there are always lines and you will have to visit at least three stations, each with its own line (i.e., general check in; window service for paperwork and vision test; photo; back to window service for final paperwork). At the end of the process at the DMV office you will be provided with an Interim Driver License (a piece of paper with your DL info but no picture) that is valid for 60 days. You are supposed to receive your new license in the mail before that 60-day period ends.

SRS suggests you consider this new alternative to taking the written exam. And you don't have to be 70 to use this alternative. Many of us will find it less stressful. For more details, go to the DMV website: <https://www.dmv.ca.gov/portal/driver-education-and-safety/online-learning-and-tests/>

*Note: The Senior Resource Services (SRS) office hours for drop-in assistance are Monday, Wednesday, and Friday from 10 a.m. to noon. The SRS office is in the Cribari Center across from the Post Office. You may also leave a message at 408-239-5253 or e-mail SRS at [villagesrs@sbcglobal.net](mailto:villagesrs@sbcglobal.net). The web site is [www.thevillagesgcc.com/srs](http://www.thevillagesgcc.com/srs). The purpose of SRS is to provide education and general business and financial information. All assistance is free and confidential. You should ask your professional advisor about your individual situation.*

#### SRS alert:

### The IRS does not email you

Remember, the IRS only initiates activity with a taxpayer with correspondence through the U.S. mail. The IRS does not use e-mail to contact a taxpayer. If you receive an email claiming to be from the IRS that contains a request for personal information or asking for a tax payment, remember these 5 things:

1. Don't reply. 2. Don't open any attachments. The email can contain malicious codes that may infect your computer or mobile phone. 3. Don't click on any links. 4. Forward - preferably with the full email headers - the email as-is to the IRS at [phishing@irs.gov](mailto:phishing@irs.gov). 5. Delete the original email.

## BOARD MEETINGS

### Association

The Villages Association Board of Directors Monthly Board hybrid meeting is Tuesday, August 29, at 9:30 a.m. at Foothill Center and on Zoom. Meeting ID: 917 8108 3392; Passcode: 223468; Dial: 1-669-900-6833

### Club

The Villages Golf & Country Club Board of Directors Monthly Board hybrid meeting is Tuesday, August 29, at 1:30 p.m. at Foothill Center and on Zoom. Meeting ID: 961 5036 4740; Passcode: 260616; Dial: 1-669-900-6833

### Homeowners

Homeowners Quarterly Meeting/CC&Rs Review Workshop is Thursday, September 14, at 9 a.m. in Montgomery Center.

## EVF: 17 Years of enhancing Villages amenities

In 2006, Villages resident Gertrude Gruener, inspired by the actions of two friends that left multi-million-dollar donations to organizations when they died, was inspired to begin a non-profit foundation to bring donations such as those to The Villages.

That vision attracted other like-minded residents, and after a series of planning meetings, the Evergreen Villages Foundation (EVF) was founded. As a non-profit charitable organization, EVF is dedicated to raising funds for the support of lasting capital improvement projects in The Villages.

Due to many hardworking individuals, the EVF has become a successful charitable organization. In its stewardship of your donated gifts, the Evergreen Villages Foundation makes a lasting record of all those whose generosity continues to enhance this lifestyle that we all value. Over the years the EVF has enabled numerous projects including the pickleball courts, Clubhouse upgrades, Cribari plaza, improvements to the golf course, Bistro patio extension, fitness equipment, and hillside trail signs. The recent Dutch Johnson Legacy Fund, a planned gift to EVF many years ago, will be used to upgrade sand bunkers on the golf course.

EVF has a number of programs in which Villagers can participate, including the Sustaining Member Program and the Planned Giving Program among others. Details of these programs can be found on the EVF website, [evfsj.org](http://evfsj.org).



More  
COMMUNITY NOTICES  
on pages 7 & 23

## Hewitt can do it!

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# COMMUNITY ACTIVITIES

The following events are sponsored by the Community Activities Department. Please telephone 408-223-4643 for additional information.

## Survey Results are in: Online Based Events

In the recent Community Activities Survey we asked participants the following: "Online based events have become more popular, using programs such as Zoom. Examples of these events could be online art/museum talks, watching a streamed event, etc. Would you be interested in participating in any of the following? Hybrid events (both on-line and in-person are not available currently). Please choose all that apply." Three possible options were provided. Thank you to all participants.

Total Respondents: 61 online surveys, 0 paper surveys  
Respondents Who Skipped this Question: 1  
Usable Responses for this Question: 60  
Not interested in participating in online based events = 30  
Activities that take place entirely online using your personal devices and with an AV Tech supporting electronically = 21  
Activities that take place in a community center with an AV Tech supporting and the activity projected on a screen for viewing by in-person participants = 17

Half of respondents indicated that online based events were not something they were looking for in Community Activities programming. If we should add an online event in the future, it will be based partially on the availability of an AV Technician. If you would like to become an AV Technician please see the information listed on the Resident Portal at [resident.thevillagesgcc.com/resource-files/employment-opportunities](http://resident.thevillagesgcc.com/resource-files/employment-opportunities) or email [recruiting@the-villages.com](mailto:recruiting@the-villages.com).

## Build strength, mobility with new Bootcamp class

Sign up for the new Bootcamp class taught by instructor Brian Danley! This three-week class will be held Fridays, October 6 to October 27 (three dates, no class on October 20) from 10:45 a.m. – 11:30 a.m. in Cribari Auditorium.

The price is \$76 per person for this three-week class (equipment purchased independently as needed, see below). Register in Building B during business hours beginning Monday, August 28 and ending Friday, September 15 or sooner if spots fill up.

Brian Danley from Back-in-Form will be teaching a new three-class Bootcamp (some of you may know him as one of our popular personal trainers). Increase your strength, mobility, balance, and posture with this efficient total body workout. This class includes a dynamic warmup, upper and lower body pulling and pushing exercises using light weights, and cooldown stretching. Emphasis is on correct posture, breathing, and coordination while sitting and standing. A great way to burn calories and strengthen your whole body! A set of dumbbells (between 2 and 6 lbs.) and stretch bands are required for the class.

Brian has a B.S. in Kinesiology from San Jose State University and is an ISSA Certified Personal Fitness Trainer with specialties in Senior Fitness and Exercise Therapy. Brian was one of the first personal trainers hired by Stanford University in 2006. He has been in the U.S. Army for over 30 years and is currently serving as an officer in the Active Reserves.

We are trying a new format to broaden our fitness offerings, let us know what you think!

## Sign up for Boxing and Mitt Work 101!

Sign up for the new Boxing and Mitt Work class taught by instructor Janssen Tariga! This class will be held Mondays, September 25 to October 30 (six dates) from 10:45 a.m. – 11:30 a.m. in Cribari Conference Room.

The price is \$68.50 per person (equipment purchased independently as needed, see below). Register in Building B during business hours beginning Monday, August 28 and ending Friday, September 15 or sooner if spots fill up.



This new class will focus on the core elements of boxing and mitt work. Participants will learn how to throw punches and combinations safely and effectively and incorporate footwork to movements, while building mobility, strength, and conditioning. No prior experience is necessary as the course and drills are tailored to the experience level and interest of each participant. This is a no contact class other than hitting mitts. Participants should feel comfortable moving up and down from the floor independently (for any ground stretches or exercises). Boxing gloves (minimum 12 oz) and mitt set, and hand wraps are required for the class and can be found at sporting goods stores or online, a limited number of loaner gloves will be available. A mat or towel is recommended but not required.

Janssen Tariga is a licensed Mixed Martial Arts (MMA) Professional Trainer with the California State Athletic Commission. He has over 20 years of experience teaching mixed martial arts and fitness to students of all backgrounds, experience levels, and interests, including professional athletes, children, pregnant women, and older adults. Janssen is the the owner and master instructor at Underground MMA in San Jose.

## Sign up for Beginning Yoga

Sign up for Beginning Yoga on Wednesdays, 10 a.m. – 11 a.m., September 20 to October 25 (six classes). This class will be taught by Mariko Dugay in Cribari Auditorium. The cost is \$68.50 per person (equipment purchased independently as needed, see below).

Register in Building B during business hours. Registration begins Monday, August 28 and ends Friday, September 15 or sooner if class is filled.

This class focuses on easy yoga poses for beginners to build strength, flexibility, and mental clarity. Poses are done standing and on the floor. You will need to be physically able to get up and down from the floor unaided. The class requires a yoga mat to be purchased independently prior to the first class.

Mariko Dugay is a registered yoga teacher with Yoga Alliance. She teaches Gentle Yoga, Mindful Flow Yoga and alignment base Hatha Yoga. Mariko seeks to inspire her students to meet where they are and unite body, mind, and soul in the present moment by creating a safe and non-judgmental space so that they will step off the mat feeling refreshed, nourished, and balanced.

## Let's go to Giants vs. Dodgers game!

On Sunday, October 1, The Villages is going to Oracle Park for an afternoon watching the San Francisco Giants and Los Angeles Dodgers go head-to-head. We will depart from Cribari East Parking Lot at 10:30 a.m. with an estimated return time of 7 p.m.

Activity Level: Light Activity (mostly seated, some walking in stadium)

Seating options are in either the upper section VR305 (20 seats) or lower section LB105 (10 seats), **space is limited!** Food and beverages are available at concession stands. The cost per person: Upper Seats: \$119.50; Lower Seats: \$203. Ticket prices are based on market price and vary depending on the game, and includes entry ticket, escort, and round-trip transportation.

Register in Building B during business hours by Friday, September 1 or sooner if tickets sell out. Please note the following about Oracle Park:

- All entrants will be required to go through a metal detector.
- All bags will be thoroughly inspected. Bag restrictions: no backpacks; no bags larger than 16"x16"x8"; jackets and blankets must be worn or carried and not put into bags.
- Outside food and beverage is permitted. No alcohol, glass, aluminum, or hard sided coolers. Beverages must be in sealed containers.
- Cash is not accepted at concession stands. A machine is available to convert cash into a Visa gift card.

Gratuity for driver is included in price, additional tipping is at your discretion.

## RESIDENT EXCURSION PARTICIPATION GUIDELINES

The Community Activities office offers a wide variety of activities for the enjoyment of the Villages residents. *Please check your personal calendars prior to committing to an event, class or trip. Once registered for an activity, you are respon-*

*sible for the cost of the activity. All sales are final.*

Registration is limited to residents only for the first two weeks.

Management assumes residents and guests are able to participate in our sponsored

activities independently. We reserve the right to evaluate the participant's ability to participate based on each individual's physical abilities and/or demonstrated behaviors. You may always take a caregiver with you to help with your needs.

Employees are not permitted to provide physical assistance to participants. If personal assistance or a wheelchair is needed, the participant must arrange for a caregiver with paid reservation to accompany him/her.

Employees, residents and their guests represent the Villages Golf and Country Club off site. It is expected that all participants will conduct themselves in a dignified, cooperative and congenial manner.

## Club Committee Expo coming September 9

The Club/Committee Expo is just around the corner. The Community Activities office is in the process of assigning space to the many organizations that have registered for the Expo. We look forward to seeing everyone at Cribari Center on Saturday, September 9 from 10 a.m. to 1 p.m. This is a wonderful opportunity to find out about the many Villages organizations and the opportunities available. Questions? Please contact Mary Tatum at [mtatum@the-villages.com](mailto:mtatum@the-villages.com) or 408-223-4643.

## CLUB CALENDARS

### ARTS & CRAFTS CALENDAR

All Villagers are invited to participate in Arts and Crafts Activities. More details at [villagesartsandcrafts.org](http://villagesartsandcrafts.org)

Open Studio times in the Art Room: Mondays and Fridays with Jane Hink, beginning at 10 a.m. Mondays and Tuesdays with Pat Andrade, 2 – 5 p.m. All Villagers and all mediums welcome!

**August 28:** Advisory Board meeting in Art Room, 5 p.m. – 6 p.m.

**September 7 – 27:** Nature Inspired Collage with Jane Hink, 10 a.m. -12 noon. \$35. All material furnished. Register at [barb.gottesman@gmail.com](mailto:barb.gottesman@gmail.com)

**September 9:** Art Room and Ceramics Room will be open for Clubs Expo, Saturday, 10 a.m. – 1 p.m.

**September 11:** New Members Reception, Monday, 5:30 pm – Chocolate pairings with wine tasting. All members are invited to display one artwork or ceramic during the reception. Hosts: Colleen Mirassou and Stephanie Torres.

Ceramics Room has open studio days for approved members only. For Open Studio hours and new classes, go to [villagesceramics.com](http://villagesceramics.com)

**Stitchery Group** on Mondays: Patio Room from 1 – 3 p.m. Call Roberta at 408-218-8372. You can learn knitting here! Stitchery group will be in the Patio Room for the Clubs Expo on Saturday, September 9.



### HIKING CLUB SCHEDULE

Bring water, snacks, poles, and lunch, as necessary. Wear layer clothing appropriate to the current weather. In addition to scheduled hikes, the following hikes occur regularly: **Every Wednesday and Saturday** – Villages hill hike with Russ Glines at 8:30 a.m. from Foothill Center. **Every Monday** – at Clubhouse parking lot, meet at 8:20 a.m., leave at 8:30 a.m. to walk around golf course with Terri Vivoli

**Rambler Hike August 30:** Sandy and John Petrin (530-927-7024) will lead a rambler hike from Oak Meadow Park, 233 Blossom Hill Rd, along Los Gatos Creek to downtown Los Gatos. Those interested can have a cup of coffee there or walk around downtown then head back to Oak Meadows Park. The round trip will be about 4 miles and **mostly shaded** along the way. There will also be an option to dine at a nearby Panera on the way back home. R/T mileage is about 36 miles. Bring water, a hat, sunscreen and a snack. We will meet at Cribari Center at 9 a.m. for a 9:15 a.m. departure because of anticipated heavy traffic.

**Rambler Lite Hike August 30:** Katy Peretti (408-531-0917) will lead a hike through Cribari starting at the west side. Meet at the clubhouse at 9 a.m.

Rambler Hike September 6: Pam Thompson will lead a hike through The Villages! Meet up at the Vineyard center at 9am then afterwards we will get a bite to eat at the Bistro! (Don't forget to bring your village card).

**Rambler Lite Hike September 6:** Katy Peretti (408-531-0917) will lead a hike to Glen Arden and Highlands. We'll walk around Glen Aden then along Caledonia to Buckhaven and back to Foothills. Meet at Foothill at 9 a.m.

## Meet Mirabel, a senior perfect for seniors!

Mirabel is a very special 10-year-old, 12-pound Min-Pin Chihuahua mix in need of her forever home. She is super sweet, intelligent, and likes to cuddle. She is friendly with people and other dogs.

Research shows that animal companionship can calm your mind, improve your mood and promote healthy living. Taking a walk is good for your body and mind, but it's a lot more fun with a canine companion— and it's a great way to meet new friends. For more information check out Mirabel's page under adoptable dogs at [svpetproject.org](http://svpetproject.org).

Silicon Valley Pet Project also has a variety of other dogs, cats and kittens rescued from local animal shelters that are available to foster and/or adopt. If you are unable to adopt, please consider fostering— it's a temporary commitment with permanent rewards! For more information, contact Villager Sarah Clark at 408-202-1222, or [sarahc@svpetproject.org](mailto:sarahc@svpetproject.org).



## No club affiliation needed to enjoy Billiards Room

The Billiard Room, located in Cribari Center, is one of The Villages often overlooked facilities. The Billiard Room is not a club and is open to all Villages residents and their guests who are at least 12 years old. The Community Activities office maintains a list of those residents that have access. To gain access, sign up for a door key at Building B. There is a one-time fee for the door key.

The pool room has four, newly covered tables. Two Pool Tables, one Snooker Table and one Billiard Table. Cue sticks, chalk and balls are provided, free of charge. The Billiard Room has central air so it's a great place to be on a hot summer day or a cold rainy day later in the year.

Since the Billiard Room is not a club, there are no monitors, and everyone is expected to abide by the following rules:

1. Be considerate of others and the facility. Leave the equipment in the proper order. For example. Do not mix the snooker balls with the billiard balls. They are a different size.

2. Guests, 12 years and older, are welcome but only when accompanied by Villages Residents. Damage in the past has appeared to be caused by visitors who were not supervised by responsible residents. Please read and follow the posted rules which include No Pets and other guidelines.

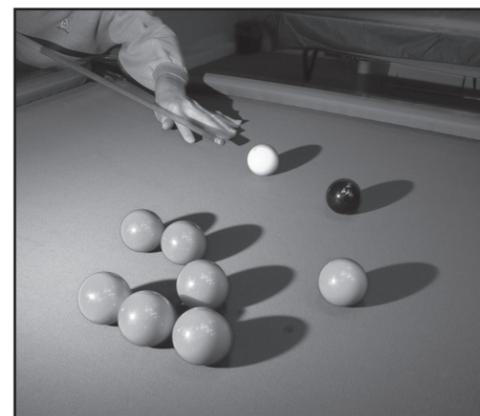
3. Food and/or drinks are not allowed in the Billiard Room

4. When leaving please make sure the door is locked, blinds are closed, and lights are off.

5. When you are done playing, please brush the Billiard Tablecloth, with provided brushes. Please brush in the direction of the arrows on the table.

6. Make sure you replace the table cover. Leave the room as you found it or better if you find a problem.

If you're interested in additional information including contacts with other active players, please contact David Raskin, Paul Belknap or Richard James. Their contact information is available in the Villages Telephone Directory.



### Did You Know?

## Vernon Ness to turn 100!

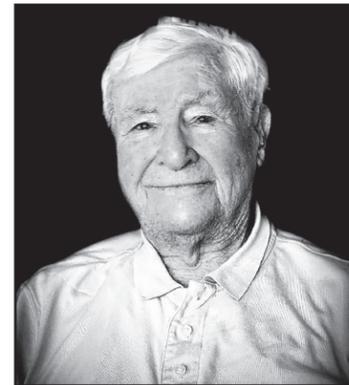
Vern Ness, the second-longest living resident of The Villages, will be celebrating his 100th Birthday on September 2. Vern and his beautiful wife, Myrna, moved to Montgomery Village in February 1977.

Vern enjoyed being an active member of The Villages community. He was the Chairman of the Men's Club Executive Committee in 1994 and went on to chair the Montgomery Village DAC and the VGC for several years.

As an avid golfer, Vern won the 2004 Evergreen Invitational Golf Tournament and third flight of the 39th tournament. Vern not only enjoyed golf, he was a talented bowler, winning several bowling awards.

Vern is a WWII Air Force veteran and retired as a captain from United Airlines after flying for 30 years.

Vern, wishing you a wonderful 100th birthday with good health and happiness for many years to come.



# THE CLUBHOUSE

For Information:  
408-223-4687

2800 The Villages Fairway Drive, San Jose CA 95135

All Clubhouse & Bistro menus can be found at [thevillagesgcc.com](http://thevillagesgcc.com)

## WHAT'S COOKING?

[theclubhouse@the-villages.com](mailto:theclubhouse@the-villages.com)  
For **Curbside Grab-and-Go Service**, call in your order at **408-370-8553**. Call again when you get to the Clubhouse curbside and we will bring it out to your vehicle.

**To order Curbside Grab and Go, call 408-370-8553**

*The Clubhouse Curbside service charge is 15 percent. The service charge for the Indoor and Patio Dining is 18 percent.*



## CLUBHOUSE RESTAURANT, THE BISTRO & BAR AND GRAB & GO ORDERS AVAILABLE

### Clubhouse is open for full service

The following details will be in effect at the Clubhouse:

**Restaurant Main Dining Room:** Reservations are strongly suggested by emailing, calling or making an online reservation.

Email: [theclubhouse@the-villages.com](mailto:theclubhouse@the-villages.com), Phone: 408-223-4687, Online: [clubhouserreservation.com](http://clubhouserreservation.com)

- **Patio Dining** reservations for the patio are for 6 or more persons.
- **The Bistro alcove** can be reserved for parties of 8 to 10 people.
- **The kitchen will still close at 8 p.m.**, last seating at the Bistro, Patio, curbside takeout and Restaurant main dining room is 7:30 p.m.
- **Bistro Bar closes at 9 p.m. Last call is at 8:30 p.m.**
- Dress code for the main dining room will be enforced. During summer months, dress shorts and dress sandals will be allowed.
- Credit cards and house charges will be accepted.
- Cash will not be accepted for payment but can be left as a tip.

**ATTENTION CURBSIDE CUSTOMERS:** *New legislation prohibits "Take-out service" from providing any single-use foodware accessories or standard condiments to customers unless they are requested. This is in effect now. Our staff will ask if customers need condiments such as ketchup, etc. or plastic utensils such as forks, etc. when taking orders.*

### How does Curbside Grab-and-Go work?

First, call in your order at 408-370-8553. Call us again when you get to the Clubhouse curbside and we will bring it out to your vehicle. **A 15 percent Service Charge and Tax will be added to the price.**

**Notice for our Curbside customers:** *Due to the increased volume of orders at dinner time, we are recommending that you call and place your order between the times of 3 p.m. and 4:30 p.m. We will take your order and coordinate a pick-up time later that evening. While this is not required, it should help alleviate any wait times during the peak dinner time hours of 5 p.m. to 7 p.m.*



### Soup of the Day

For the week of 8/28 to 9/3

<b>Monday</b>	<b>August 28</b>	Three Bean
<b>Tuesday</b>	<b>August 29</b>	Cream of Mushroom
<b>Wednesday</b>	<b>August 30</b>	Split Pea
<b>Thursday</b>	<b>August 31</b>	Chicken Rice and Vegetables
<b>Friday</b>	<b>September 1</b>	Fisherman Stew
<b>Saturday</b>	<b>September 2</b>	Chef's Choice
<b>Sunday</b>	<b>September 3</b>	Chef's Choice

### Clubhouse Indoor, Patio Dining and Curbside Hours of Operation

Monday	Tuesday to Friday	Saturday and Sunday
<b>Lunch:</b> 11 a.m. to 2 p.m. <b>Bistro Menu</b> 2 p.m. to 8 p.m. (last seating)	<b>Breakfast:</b> 8 a.m. to 11 a.m. <b>Lunch:</b> 11 a.m. to 2 p.m. <b>Bistro Menu:</b> 2 p.m. to 8 p.m. (last seating) <b>Dinner Menu:</b> 5 p.m. to 8 p.m. (last seating)	<b>Saturday Breakfast:</b> 7 a.m. to 11 a.m. <b>Sunday Breakfast:</b> 7 a.m. to 2 p.m. <b>Lunch:</b> 11 a.m. to 2 p.m. <b>Bistro Menu:</b> 2 p.m. to 8 p.m. (last seating) <b>Dinner Menu:</b> 5 p.m. to 8 p.m. (last seating)

**Main phone line: 408-223-4687**

Reservation: Press #1, Curbside Order and Pick-up: Press #2

Manager on duty: Press #4, Events and Catering: Press #5

#### Online

Reservation or Curbside Order: [Clubhouserreservation.com](http://Clubhouserreservation.com)

Email: [theclubhouse@the-villages.com](mailto:theclubhouse@the-villages.com)

**Bistro Menu 2 p.m. — 8 p.m.**

**Appetizers**

**GF Potato Skins \$14.00**  
Cheddar, Tomatoes, Bacon, Scallions and Sour Cream

**Wings BBQ, Teriyaki, or Buffalo Sauce 6Pc \$13.95**  
Celery and Carrots, Ranch Dressing

**V Villages Nachos \$12.95**  
Tortilla Chips with Cheddar, Jalapenos, Sour Cream, Black Olives Black Beans and Tomatoes Topped with Green Onions Add Beef or Chicken \$4

**Breaded Chicken Tenders with Sauce \$10.95**  
Honey Mustard or Ranch

**V Fried Green Beans \$8.95**

**V Samosas \$13.95**  
Potato and Vegetables with Citrus Lime Dipping Sauce

**Grilled Prosciutto Wrapped Prawns \$15.95**  
3 Prawns on Grilled Pineapple Wedge

**Angus Beef Sliders \$12.95**  
2 Angus Beef with Tomato Relish

**Southern Crab Cakes \$13.95**  
2 Panko Crusted with Cayenne Remoulade

**Calamari \$13.95**  
Lightly Dusted Rings, Tentacles and Parmesan Parsley

**Soup of the Day Cup \$5.50 Bowl \$7.50**

**Entrée Caesar Salad \$11.95**  
Add Grilled Tofu \$3, Chicken \$4, Salmon \$6, Prawns \$6

**Cobb Salad \$14.25**  
Mixed Greens, Tomato, Cucumber, Hard Boiled Egg, Olives, Avocado Bacon and Feta Cheese  
Add Grilled Tofu \$3, Chicken \$4, Prawns or Salmon \$6

**V Asian Salad \$14.25**  
Cabbage, Carrots, Edamame, Peanuts, Fried Won Ton Skins, Bean Sprouts with Sesame Ginger Dressing  
Add Grilled Tofu \$3, Chicken \$4, Prawns or Salmon \$6

**Seared Ahi Tuna Niçoise Salad \$16.95**  
Green Beans, Potatoes, Black Olives, Cherry Tomatoes, Hard Boiled Egg and Lemon Wedge on Mixed Greens

**V. Asian Stir Fry Vegetables Over Rice \$12.95**  
Vegetables over Jasmine Rice with Ponzu Sauce  
Add Grilled Tofu \$3, Beef, Chicken or Bay Shrimp \$4

**Mongolian Beef Over Rice \$16.95**  
Green Onions, Red and Green Bell Peppers, Onions

**V Quesadilla \$13.95**  
Pico de Gallo, Sour Cream, Guacamole, Add Chicken or Beef \$4

**Fish and Chips \$14.95**  
Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and Malted Vinegar

**Street Tacos \$13.95**  
Tofu, Cod, Beef or Chicken with Cilantros, Onions, Cabbage and Radish with Salsa on mini-Corn Tortillas

**Sides \$5.50**

Potato Salad, Coleslaw, French Fries, Sweet Potato Fries, Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, Cup of Soup

**Sandwiches**

Gluten Free Breads Sub \$1.50

**Jumbo all Beef Hot Dog \$11.95**  
Toppings: Onions, Tomatoes & Red Onion Relish. Cheddar add \$2.50

**Burger with Side \$13.95 Or Impossible Burger with Side \$14.95**  
Angus Beef with LTO and Side Dish Or Plant Based Meat  
Add Avocado, Bacon \$2.50 or Cheese add \$2

**Chicken Club on Focaccia Bread \$15.95**  
Roasted Chicken, Bacon, Swiss Cheese and LTO

**Reuben \$14.95**  
Grilled Rye, Corned Beef, Sauerkraut, Swiss Cheese, 1,000 Island dressing

**Naan Pizza Crust Red Sauce with Mozzarella**

**V Cheese Pizza \$11.95**  
**Pepperoni Pizza \$12.95**  
**V Margherita Pizza \$12.25**  
**Naan Combination Pizza \$14.95**  
Sausage, Pepperoni, Mushrooms, Onions, & Peppers  
**V Veggie Pizza \$14.95**  
Onions, Broccoli, Zucchini, Mushrooms, Peppers Arugula  
**BBQ Chicken Pizza \$14.95**  
Sweet BBQ Sauce, Onions, Cheddar and Mozzarella

Gluten Free Pizza Crust Sub \$2

GF Gluten Free V Vegetarian

**Breakfast Menu**

Tuesday to Friday 8am to 11am. Saturdays 7am to 11am. Sundays 7am to 2pm

**V French Toast \$9.75**  
Whipped Butter, Maple Syrup, Cup of Seasonal Fruits

**V Short Stack Pancakes \$9.75**  
Whipped Butter, Maple Syrup, Cup of Seasonal Fruits

**V Belgium Waffles \$10.75**  
Whipped Butter, Maple Syrup, Cup of Seasonal Fruits

**Bagel BLT and Egg \$10.75**  
Bacon, Lettuce and Tomato with Cream Cheese

**Breakfast Burrito \$10.75**  
Scrambled Egg, Potatoes, Cheese, Salsa  
Choice of Bacon or Sausage

**Montgomery Muffin \$10.25**  
Scrambled Eggs, Bacon or Ham, Cheddar Cheese, and Fruit

**Lox and Bagels \$15.95**  
Smoked Salmon, Cream Cheese, Red Onions, Egg Whites and Capers

**Avocado Sourdough Toast \$12.50**  
Fried Egg, Bacon, and Tomato

**Chicken and Waffle \$13.95**  
2 Piece Chicken Tenders and Belgian Waffle  
Served with Seasonal Fruit

**Sides**  
Egg \$2.75, Breakfast Meats \$4, Hash Browns or Country Potatoes \$3, Toast \$2

**French Roast Coffee \$1.95**

**Starbucks Espresso \$2.50 Extra Shot \$1.50**

**Starbucks Americano \$2.50**

**Starbucks Latte/Cappuccino \$3.25**

**Juice, Milk, or Hot Chocolate \$2.95**

**The Villager \$12.95**  
2 Eggs Any Style with Sausage, Ham or Bacon. With Potatoes or Fruit, Choice of Toast

**Three Egg Omelet \$12.95**  
Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$3 each, Bay Shrimp \$4.  
Served with Potatoes or Fruit and Choice of Toast

**Skillet Scrambler \$12.95**  
Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$3 each, Bay Shrimp \$4,  
Served with Potatoes or Fruit and Choice of Toast

**Ralph's Special (Loco Moco) \$14.95**  
2 Eggs, Potatoes or Rice, and Ground Sirloin Patty with Gravy, Choice of Toast

**Huevos Rancheros \$12.50**  
Fried Corn Tortillas Topped with Lettuce Tomatoes, Sour Cream, Black Beans, Fried Egg and Salsa, Topped with Cotija Cheese

**Eggs Benedict \$14.95**  
2 Poached Eggs, Canadian Bacon over English Muffins with Hollandaise Sauce  
Served with Choice of Potatoes or Fruit

**Eggs Florentine Benedict \$14.75**  
Two Poached Eggs, & Spinach, Feta and Tomatoes over English Muffins with Hollandaise Sauce.  
Served with Choice of Hash Browns or Fruit

**Corned Beef Hash and Eggs \$14.95**  
2 Eggs, House Made Seasoned Hash. Served with Potatoes or Fruit and Choice of Toast

Non-Dairy Creamer Available Upon Request  
GF Gluten Free Bread Available \$1.50 Extra

**Dinner Menu**

Tuesday - Sunday 5pm to 8pm Last Order

Starters

**Soup of the Day**  
Cup \$5.50 Bowl \$7.50

**Small Caesar Salad \$6.75**

**Calamari \$13.95**  
Lightly Dusted Rings and Tentacles with Parmesan Parsley

**V Fried Breaded Green Beans \$8.95**

**Southern Crab Cakes \$13.95**  
Crusted with Cayenne Remoulade

**V Samosas \$13.95**  
Potato and Vegetables with Citrus Lime Dipping Sauce

**Grilled Prosciutto Wrapped Prawns \$15.95**  
3 Prawns on Grilled Pineapple Wedge

The Lighter Side

Served à la carte

**Linguini and Clams \$16.95**  
White Wine, Butter, Olive Oil, Lemon Juice Parsley

**Penne Pasta Bolognese \$14.95**  
Creamy Red Meat Sauce  
Add Meat Balls 2 Pieces \$2

**V Eggplant Parmesan \$16.95**  
Eggplant breaded in Crispy Panko Crumbs, Layered in Marinara Sauce, Parmesan and Provolone

**V Pad Thai Spaghetti \$16.95**  
Stir Fried Pasta with Crushed Peanuts, Bean Sprouts, Garlic, Green Onions and Scrambled Eggs.  
Served with Peanut Sauce  
Add Chicken, \$4 or Prawns \$5

V Vegetarian GF Gluten Free

**Fridays, Saturdays and Sundays**  
**Slow Roasted Prime Rib \$39.95**  
Aged to Perfection with Choice of Sides

Dinner Entrées

Accompanied by 2 Sides.  
Mashed Potatoes, Saffron Infused Rice  
Baked Potato with Sour Cream and Chives  
Or Daily Vegetables Sides

Soup or Salad \$3.95 with Entrees

**Chicken Fried Steak and Gravy \$26.95**  
Pan Fried Breaded Steak Cutlet with Country Gravy

**Rotisserie Half Chicken and Gravy \$26.95**

**Grilled Flat Iron Steak \$32.50**  
Chimichurri Sauce

**Grilled Lamb Chops \$33.95**  
3 Chops with House made Mint Sauce

**Country Breaded Bone In Pork Chop \$28.95**  
Smothered with Gravy

**Calf Liver and Onions \$26.95**  
Sautéed Onions and Crispy Bacon Bits

**Stuffed Sole with Bay Shrimp \$26.95**  
with Spinach, Sundried Tomatoes and Ricotta  
Topped with Mornay Sauce

**Honey Garlic Salmon \$27.95**  
Sesame Ponzu and Citrus

**Prawns Provençal \$29.95**  
Crusted with Lemon Butter Breadcrumbs and Grated Parmesan with Lemon Wedge.

**Weekly Specials**

For the week of  
8/28 to 9/3

**Breakfast Special:**

Tuesday 8/29 to Sunday 9/3

**Joe's Scramble:** Ground Beef, Spinach, Mushrooms and Onions with Choice of Breakfast Side **\$16.50**

**Lunch Specials:**

Monday 8/28 to Sunday 9/3  
11 a.m. to 2 p.m.

**Orange Chicken:** Crispy Chicken Morsels and Broccoli in a Ginger Orange Sauce served over Rice **\$16.95**

**Beef Taco Salad:** Seasoned Ground Beef, Pico de Gallo, Cheddar Cheese, Sour Cream, Guacamole and Iceberg Lettuce inside a Flour Tortilla Shell **\$17.50**

**Dinner Specials:**

Tuesday 8/29 to Sunday 9/3  
5 p.m. to 8 p.m. (Last Seating)

**Greek Chicken:** Boneless Chicken Breast with Onion, Peppers, Artichoke and Feta Cheese with Choice of Sides **\$27.50**

**Caprese Salad with Prawns:** Tomato, Mozzarella Cheese and Prawns over Greens with Choice of Dressing **\$24.99**

## Lunch Menu

11am to 2pm

**GF Potato Skins \$14.00**

Cheddar, Tomatoes, Bacon, Scallions, and Sour Cream

**Wings 6Pc \$13.95**

With Carrots, Celery, Ranch Dressing  
With BBQ, Teriyaki or Buffalo Sauce

**Breaded Chicken Tenders with Sauce \$10.95**

Honey Mustard or Ranch

**V Fried Breaded Green Beans \$8.95**

**V Samosas \$13.95**

Potato and Vegetables with Citrus Lime Dipping Sauce

**Grilled Prosciutto Wrapped Prawns \$15.95**

3 Prawns on Grilled Pineapple Wedge

**V Villages Nachos \$12.95**

Tortilla Chips with Cheddar, Jalapenos, Sour Cream, Black Olives Black Beans and Tomatoes Topped with Green Onions.  
Add Beef or Chicken \$4

**Angus Beef Sliders \$12.95**

2 Angus Beef with Tomato Relish

**Southern Crab Cakes \$13.95**

2 Panko Crusted with Cayenne Remoulade

**Calamari \$13.95**

Lightly Dusted Rings and Tentacles with Parmesan Parsley

**Soup of the Day Cup \$5.50 Bowl \$7.50**

**V Lunch 3 Egg Omelet with Fruit \$12.95**

Choice of Peppers, Mushrooms, Spinach or Tomatoes.  
Choice of Toast  
Ham, Bacon, or Cheese Add \$3, Bay Shrimp \$4

**GF Entrée Caesar Salad \$11.95**

Romaine, Cherry Tomatoes, Parmesan and Croutons  
Add Grilled Tofu \$3, Chicken \$4, Salmon \$6, Prawns \$6

**V Asian Salad \$14.25**

Chopped Cabbage, Carrots, Edamame, Peanuts, Fried Won Ton Skins, Bean Sprouts with a Sesame Ginger Dressing. Add Grilled Tofu \$3, Chicken \$4, Prawns \$6

**Seared Ahi Tuna Niçoise Salad \$16.95**

Green Beans, Potatoes, Black Olives, Cherry Tomatoes, Hard Boiled Egg and Lemon Wedge on Mixed Greens

**V Santa Fe Salad \$14.75**

Mixed Greens, Black Beans, Corn, Avocados, Tomatoes and Green Onions Topped with Toasted Tortilla Strips  
Add Grilled Chicken or Beef \$4 Cilantro Lime Dressing

**Cobb Salad \$14.25**

Mixed Greens, Tomato, Cucumber, Hard Boiled Egg, Olives, Avocado Bacon and Feta Cheese  
Add Grilled Tofu \$3, Chicken \$4, Prawns or Salmon \$6

**Shrimp Louie \$16.25**

Mixed Greens, with Avocados, Tomatoes, Cucumbers, and Hard-Boiled Egg with 1,000 Island Dressing

**Half Stuffed Avocado with Chicken Salad \$14.95**

Tomato, Cucumber and Hard Boiled Egg

**V Quesadilla \$13.95**

Pico de Gallo, Sour Cream, Guacamole,  
Add Chicken or Beef \$4

**Mongolian Beef Over Rice \$16.95**

Green Onions, Red and Green Bell Peppers, Onions

**V. Asian Stir Fry Vegetables Over Rice \$12.95**

Vegetables over Jasmine Rice with Ponzu Sauce  
Add Grilled Tofu \$3, Beef, Chicken or Bay Shrimp \$4

**Chicken Fajitas \$15.95**

Refried Black Beans and Spanish Rice with Flour Tortillas.

**Fish and Chips \$14.95**

Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and Malt Vinegar

**Pulled Kahlua Pork and Steamed Broccoli \$15.95**

With Potato Salad or White Rice

**Street Tacos \$13.95**

Grilled Tofu, Cod, Beef or Chicken with Cilantro, Onions, Cabbage and Radish with Salsa on Mini-Corn Tortillas

**Sandwiches and Such with choice of Sides Included**

Gluten Free Breads Sub \$1.50

**Sides \$5.50**

Potato Salad, Coleslaw, French Fries, Sweet Potato Fries, Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, or Cup of Soup

**Jumbo All Beef Hot Dog \$11.95**

Toppings: Onions, Tomatoes & Red Onion Relish.  
Cheddar add \$2.50

**Burger with Side \$13.95 Or**

**Impossible Burger with Side \$14.95**

Angus Beef with LTO and Side Dish Or  
Plant Based Meat  
Add Avocado, Bacon \$2.50 or Cheese add \$2

**Turkey Brie On Focaccia Bread \$15.95**

With Cranberry Chutney and Alfalfa Sprouts

**Philly Cheesesteak Sandwich \$14.95**

Grilled Onions, with Melted Provolone on Hoagie

**Melts: Tuna Salad, Bay Shrimp or Patty \$14.95**

Grilled Sourdough, Cheddar Cheese Caramelized Onions. Substitute Impossible Patty Add \$1.00

**Reuben \$14.95**

Grilled Rye, Corned Beef, Sauerkraut, Swiss Cheese, 1000 Island Dressing

**Breaded Sole Hoagie \$15.95**

Panko Breaded Sole with Tartar LTO

**Chicken Club on Focaccia Bread \$15.95**

Roasted Chicken, Bacon, Swiss Cheese and LTO  
Sub. Grilled Tofu

**Deli Sandwich LTO \$13.50**

Choice of Bread, Turkey, Ham, Chicken Salad or Tuna Salad

**½ Deli and Soup or Salad \$12.95**

**V Veggie Melt \$15.95**

Herbed Garlic Aioli, Grilled Veggies, including Bell Pepper, Zucchini, Onions, and Portabella packed into Hoagie Roll with Mozzarella Cheese

**Naan Flatbread Pizzas All with Red Sauce and Mozzarella**

**V Cheese Pizza \$11.95 Pepperoni Pizza \$12.95 V Margherita Tomato Pizza \$12.25**

**Combination Pizza \$14.95**

Sausage, Pepperoni, Mushrooms, Onions, & Peppers,

**V Veggie Pizza \$14.95**

Onions, Broccoli, Zucchini, Mushrooms, Peppers and Arugula

**BBQ Chicken Pizza \$14.95**

Sweet BBQ Sauce, Onions, Cheddar and Mozzarella

Gluten Free Pizza Crust Available \$ 2.00

GF Gluten Free V Vegetarian  
Add or Sub Tofu to Menu Items as Marked

The Clubhouse

**BUY ONE APPETIZER  
GET ONE HALF-OFF**



**Appetizer Special!  
2 p.m. to 5 p.m.  
Monday through Friday**

\*Item must be of equal or lesser value.  
Service charge and taxes still applied to all items.  
For dine-in customers only.



## Attention diners: We want your opinion!

Have you seen the comment cards in the Bistro and Clubhouse? They are available in the main entrance or in your bill folder. The Food and Beverage staff use them to recognize excellence in their employees, to make adjustments to the menu, and to help patrons when things aren't perfect.

Thanks for taking the time to let us know what you think!

Please deposit comments directly to the locked comment card box at the Clubhouse foyer.



## Dessert Menu

\$6.95

**House Made Vanilla Crème Brule with Berries**  
Creamy Custard Topped with Glazed Caramelized Sugar

**Chocolate Salted Caramel Soufflé Cake (Warm)**  
Chocolate Cake with Creamy Salted Caramel Center

**Tiramisu**  
Espresso-Soaked Lady Fingers and Mascarpone Cream,  
Dusted with Cocoa Powder

**Pear Tart**  
Puff Pastry Covered with Almond Cream and Pear Slices

**New York Style Cheesecake**  
Raspberry Coulis and Berries

\$5.25

Flavors of the Day

Sherbet, Ice Cream, Sorbet, Milk Shakes

*More CLUBHOUSE on page 27*



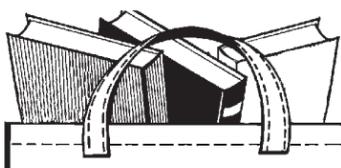
## Wednesdays & Thursdays

### Dinner Service Only

Bring your favorite bottle of wine\* and your friends any and every Wednesday or Thursday at the Clubhouse.

One-bottle limit per two guests

\*No Corkage will be charged with purchase from Dinner Menu, Lighter Side, and Entrée items. One-bottle limit per two guests. Standard size bottles only.



## LIBRARY USED BOOK SALE

The Villages Library Book Sale is open for business all year long on Wednesdays and Saturdays at 10 a.m. to noon.

## Single Diners' Night

Let's Dine Together!

Every Wednesday at The Clubhouse



### Shared Table

Bring your favorite wine to share with no corkage! Free Corkage will be applied with purchase from the Lighter Side and Dinner Entrees from the Dinner Menu.

Please make reservations and note: "Single Diners' Reservation"

Every Wednesday at 5 p.m.



## WOOD FAMILY VINEYARDS

Livermore Valley California

### Meet the Wood Family Wine Makers

Wednesday August 30<sup>th</sup>, 2023.

Reception 5pm to 6pm

Charcuterie, Cheese, and Fruit Display

2022 Pink Pearl Rose

Dinner 6pm to 8pm

Starter

Seared Day Boat Scallops

With Pink Grapefruit with Arugula and Spinach

Champagne Vinaigrette Dressing

2022 Para Mas Amigas Chardonnay

Main

Grilled Petite Filet Mignon with Creamy Chanterelle Mushroom Sauce

Scalloped Potatoes with Asparagus Spears and Red Pepper Strips

2021 Cabernet Franc

Dessert

Chocolate Pyramid Cake with Chocolate Mousse and White Chocolate Drops

2020 Big Wood Zinfandel

\$67 per person Plus 18% service charge and tax

Email or Call Reservation to: [theclubhouse@the-villages.com](mailto:theclubhouse@the-villages.com)

or 408 754 1337



## OPEN MIC NIGHT

Monday September 25<sup>th</sup> 2023

Join Ed Knott and the Talents of the Villagers

Welcome Singers, Dancers, Comedians, Poets or Whatever Talent You May Have, Or Just Come and Cheer.

5 to 6:30 Dinner Buffet

Rolls and Butter

Salad Bar

Blackened Salmon and Chicken Dijonnaise

Country Potatoes, Mixed Wild Rice, Vegetables Medley

Assorted Cakes and Pies, Coffee, or Tea

Full Bar Available

6 to 9 Open Mic

\$28.95 Plus Service charge and Tax

RESERVATIONS REQUIRED

call 408 754 1339 or

e-mail: [ClubhouseManagers@the-villages.com](mailto:ClubhouseManagers@the-villages.com)

**Business Card Ads  
Call Adrienne**

**at 408-223-4657**

# CALENDAR OF EVENTS

## Friday, August 25

8:30 a.m.	Jazzercise	A
9 a.m.	Chinese Morning Exercise	P
9 a.m.	Game Day	RED
9 a.m.	Table Tennis	MMP
9:30 a.m.	Ceramics Open Studio	CER
9:30 a.m.	Open Studio	AR
10 a.m.	Line Dance Club	A
10 a.m.	Quilters	PR
10 a.m.	Republican Club	CH
1 p.m.	Bridge Club at Villages	RED
3 p.m.	Bocce Bash	GP
6 p.m.	Chinese Club Line Dance	FC
6:30 p.m.	Mexican Train Dominoes	MC
7 p.m.	9 Hole Women	
	Twilight Golf Dinner	CH
7 p.m.	Theater Rehearsal - Fall Show	A

## Saturday, August 26

9 a.m.	Table Tennis	MMP
9:30 a.m.	Ceramics Open Studio	CER
10 a.m.	Quilters	PR
10 a.m.	Ukulele Singing	SEQ
4:45 p.m.	Brandeis Movie Group	CR

## Sunday, August 27

6:30 a.m.	Catholic Choir	CR
8:15 a.m.	Catholic Mass	A
9 a.m.	Chapel Choir	SEQ
9 a.m.	Episcopal Services	MC
9 a.m.	Table Tennis	MMP
10 a.m.	Community Chapel	A
10 a.m.	Quilters	PR
4 p.m.	Table Tennis Social	MC

## Monday, August 28

8:30 a.m.	Jazzercise	A
9 a.m.	Chinese Morning Exercise	P
9 a.m.	Game Day	RED
9 a.m.	Table Tennis	MMP
9 a.m.	VGC Six Clubs	V
9:30 a.m.	Assoc. Rules Committee	PR
9:30 a.m.	Ceramics Open Studio	CER
10 a.m.	Search the Scriptures	VC
10 a.m.	Drawing Class	AR
10 a.m.	Line Dance Club	A
10 a.m.	9 Hole Women Golf	
10 a.m.	Pink Meeting	MC

1 p.m.	Stitchery	PR
1:30 p.m.	VMA Presentation	CR
2 p.m.	Theater Rehearsal - Fall Show	A
5 p.m.	Arts & Crafts Advisory	AR
5:30 p.m.	Village Dancers	A
7 p.m.	Duplicate Bridge	RED
7:30 p.m.	Hiking Club	FC

## Tuesday, August 29

8:30 a.m.	Tai Chi Club	P
9 a.m.	Game Day	RED
9 a.m.	Table Tennis	MMP
9:30 a.m.	Assoc. Board Meeting	FC
9:30 a.m.	Ceramics Open Studio	CER
9:30 a.m.	Poetry in Art & Pastel	AR
10 a.m.	Ukulele Intermediate	PR
10 a.m.	Line Dance Class	A
10 a.m.	9 Hole Swingers	
	Golf Lunch	GP
11:30 a.m.	Live Longer Stronger	A
12 p.m.	Game Day	RED
1:30 p.m.	Club Board Meeting	FC
3:30 p.m.	Village Voices Board	PR
7 p.m.	Theater Rehearsal - Fall Show	MC

## Wednesday, August 30

8:30 a.m.	Jazzercise	A
9 a.m.	Chinese Morning Exercise	P
9 a.m.	Game Day	RED
9 a.m.	Table Tennis	MMP
9:30 a.m.	Ceramics Open Studio	CER
10 a.m.	Watercolor Class	AR
10 a.m.	Yoga Class	A
2 p.m.	Theater Rehearsal - Fall Show	A
5 p.m.	Del Lago	
	Ice Cream Social	GP

5 p.m.	Winemaker Dinner	CH
6 p.m.	Village Dancers	FC
6:30 p.m.	Mexican Train Dominoes	MC
7 p.m.	Duplicate Bridge	RED

## Thursday, August 31

8:30 a.m.	Tai Chi	P
9 a.m.	Game Day	RED
9 a.m.	Table Tennis	MMP
9:30 a.m.	Acrylic Classes	AR
9:30 a.m.	Ceramics Open Studio	CER
10 a.m.	Line Dance Club	CR
10 a.m.	Live Stronger Longer	A
11:30 a.m.	18 Hole Women	
	Golf Lunch	CH
1:30 p.m.	Ukulele Club	VC
2 p.m.	Cooking Class	MC
2 p.m.	Matinee Theater Rehearsal	A
3 p.m.	Chapel Choir	FC
7 p.m.	Theater Rehearsal - Fall Show	A

## Friday, September 1

8:30 a.m.	Jazzercise	A
9 a.m.	Catholic Mass	CR
9 a.m.	Chinese Morning Exercise	P
9 a.m.	Game Day	RED
9 a.m.	Table Tennis	MMP
9:30 a.m.	Ceramics Open Studio	CER
9:30 a.m.	Open Studio	AR
10 a.m.	Line Dance Club	A
10 a.m.	Quilters	PR
1 p.m.	Bridge Club at Villages	RED
1 p.m.	Captains Meeting	MC
3 p.m.	Bocce Bash	GP
3 p.m.	Handbells	CR
6:30 p.m.	Mexican Train Dominoes	MC
7 p.m.	Theater Rehearsal - Fall Show	A



all times are a.m. and p.m.

## Fitness Center

Daily  
12:00 & 6:00

### Fitness

1:00 & 7:00  
Mon - Sat  
15 Minute Exercise

1:15 & 7:15

Mon Wed Fri & Sun  
Chair Fitness  
Tue Thu Sat  
Cardio Fitness

## CC&R Town Hall

Daily  
2:00 & 8:00

## Landscape & Functional Turf

Daily  
2:45 & 8:45

## Fire Safety at The Villages

Tue Thu Sat  
3:30 & 9:30

## Villages Scam Awareness

Daily  
4:55 & 10:55

## Aerial Views of The Villages

Daily  
5:30 & 11:30



## Club Events & Notices



Network: Villages Public  
Password: villages

More information online at the Villages Resident Portal:  
resident.thevillagesgcc.com

### Villages Medical Auxiliary-Since 1976

Office: 408-238-4230

Hours: Monday to Thursday, 9:30 a.m. to 2:30 p.m.

Service Coordinator:  
408-238-4029

www.vmavillages.org



## Upcoming Programs

**Empowered Aging:** Hartmut Broring M.S., Founder and President of Back in Form, will speak on how you can maximize your quality of life after 60 to maintain independence, promote longevity and manage chronic illness. Monday, August 28 at 1:30 p.m. in the **Cribari Conference Room. Note room change!** You can register online at VMavillages.org or call Bonnie at 408-238-4029.

**Stroke - What's New:** Noemi Conway, Executive Director of the Stroke Awareness Foundation will speak on some of the new technologies involving strokes. Thursday, September 14 at 10:30 a.m. in the Sequoia Room. Please register online at vmavillages.org or call 408-238-4029.

**Hearing Screening** will again be offered by Hearing Life Tuesday, September 19 from 10 a.m.- Noon. Please call 408-238-4230 to schedule a time.

**Adapting to Change:** Chaplain Dale Poland, M.Div., BCC - from Hospice of the Valley-Sutter Health will offer keys to accepting change and growing from it! As the author John Maxwell once said, "Change is inevitable. Growth is optional." Wednesday, September 27 at 10:30 a.m. - noon in the Vineyard Center. Please register online at vmavillages.org or call 408-238-4029.

(Continued on page 21)

## EVENT LOCATIONS

<b>A</b>	Auditorium	(Cribari)
<b>AR</b>	Art Room	(Cribari)
<b>BC</b>	Bocce Courts	
<b>CER</b>	Ceramics	(Cribari)
<b>CH</b>	Clubhouse	
<b>CR</b>	Conference Rm.	(Cribari)
<b>F</b>	Forum	(Cribari)
<b>FC</b>	Foothill Center	
<b>FHP</b>	Foothill Pool	
<b>GP</b>	Gazebo	
<b>L</b>	Lobby	(Cribari)
<b>SEQ</b>	Sequoia	(Cribari)
<b>MC</b>	Montgomery Center	
<b>MMP</b>	Montgomery MP Room	
<b>RED</b>	Redwood	(Cribari)
<b>P</b>	Patio	(Cribari)
<b>PC</b>	Pickleball Courts	
<b>PR</b>	Patio Room	(Cribari)
<b>TR</b>	Terrace Room	(Cribari)
<b>TS</b>	Tennis Stand	
<b>VC</b>	Vineyard Center	
<b>VR</b>	Voyage Room	(Montgomery)

# CLUBS & EVENTS

## Hiking Club: 'Living a Sustainable Lifestyle'

The Villages Hiking Club is meeting at the Foothill Center on Monday, August 28 at 7:30 p.m. This month's program will focus on sustainability and how you personally can adopt sustainability practices as part of your everyday lifestyle.

Our speaker, Mary Mackey is a second-generation Villager. She is a Certified Plant Based Nutritionist and Certified Holistic Nutritionist. She co-founded Plant-Based Advocates, a grassroots group that is working to mitigate climate change by reducing the traditional reliance on meat and dairy. She teaches workshops on plant-based living.

Mary will speak about the health and environmental benefits of a plant-based lifestyle. The meeting is free and all Villagers are welcome. The program will commence after a brief business meeting and a break for socializing with snacks and beverages.



Mary Mackey

## Flu Clinic—Important changes

The VMA is once again partnering with Walgreens to bring you the Flu Clinic.

**Important new information:** Walgreens has changed some of the parameters of this year's Flu Clinic based on information from their corporate headquarters. Because of that, we are having to change from two days of clinics to one day. The new date and the only date of the Villages Flu Clinic will be **Thursday, September 21** from 9 a.m. to 6 p.m. at Montgomery Center. Appointments will be from 9 a.m. to 6 p.m. at 15-minute intervals. Regular dose and the high dose flu shots will still be offered. These are the only shots offered this year.

New this year is an **online registration** which began August 18 and will last through September 6. An **in-person registration** will also be held at Montgomery Center on September 7 *only* from 11 a.m. to 4 p.m. for those of you who would prefer that or do not have a computer. If you are registering in-person, please be aware that the day and time you might like, may have been taken already. Also, please know that everyone must have an appointment made in advance. This will help speed the process up for all of us.

For online registration, log onto [vmavillages.org](http://vmavillages.org). Fill out the form including your Medicare number or your Kaiser number if you're a Kaiser member, and any other information for which the form is asking. If someone else living in your home also wants their flu shot, he or she must fill out a separate form.

If you are under 65 and you want your flu shot at the Villages, please include the name of your Insurance Company and your policy number. There will likely be a charge for your shot.

You will be sent a receipt of the information you submitted. You will be sent the exact time of your appointment in a separate email.

If you need specific assistance, please call Liz Adams at 408-621-5653. She'll help you to complete your registration.

We're excited about our new registration process. It has the potential of meeting the needs of everyone involved. Please accept "the new way." Ask questions if you're concerned and we'll try to simplify things to make the whole process easier.

We look forward to seeing you at our 2023 Flu Clinic at Montgomery Center on September 21.

## Never too early to start holiday shopping with Crafters Club

One hundred twenty-nine days! That's the number of shopping days remaining until Christmas! It's never too early to start your holiday shopping so what better place to shop than the Crafters Club's upcoming craft show on Saturday September 16! We will be showcasing our fine handicrafts from 10 a.m. until 2 p.m. at Cribari Center. Three rooms packed with talented crafters selling ceramics, jewelry, pottery, quilts, fabrics, children's merchandise, wearables, cards, holiday decorations, crochet items, wood crafts, accessories, succulents, and so much more! Come and check out our new crafters working in mosaics and home decor! Halloween is right around the corner and there is sure to be spooky hand-crafted decorations ready to adorn your abode! Each is a unique treasure that you won't find anywhere else! Shop early for the best selection and enjoy coffee and cookies while browsing. Remember to save the date—Saturday, September 16!



## Global Village to screen 'How Not to Die: The Role of Diet' presentation

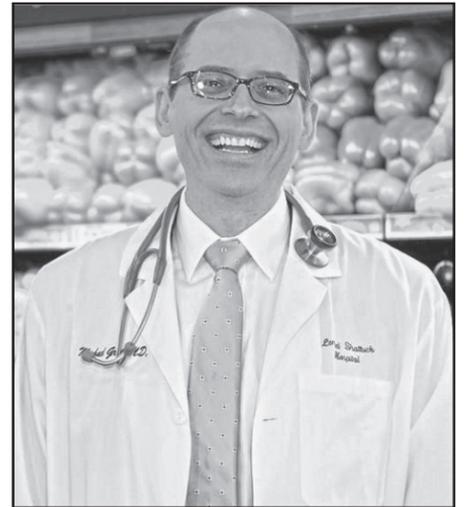
Global Village Community Club cordially invites you to its Tuesday, August 29 meeting on Plant-based Diet in Montgomery Center from 7 to 8:30 p.m.

Mary Mackey, Certified PB Nutritionist, will show Dr. Michael Greger's presentation of 2016, "How Not to Die: The Role of Diet in Preventing, Arresting, & Reversing Our Top 15 Killers." From the description: In his talk, Dr. Michael Greger, a physician, New York Times bestselling author and internationally recognized speaker, outlines the best "evidence-based diet" based on the latest in peer-reviewed science, that can not only help improve overall health but can also reverse effects of common diseases such as heart disease, the number-one killer among North Americans.

Drawing parallels between how we dealt with smoking in the past to how we're dealing with nutrition today, this talk will have you reaching for more plant-based food options and not asking "where's the beef?"

The presentation will be followed by a short trivia game from our facilitator Mary Mackey.

Global Village Community Club is a Board-recognized club. For more information, visit [sites.google.com/view/gvclub](http://sites.google.com/view/gvclub) or email [globalvcclub@gmail.com](mailto:globalvcclub@gmail.com).



## Afternoon Bingo coming soon!



**Afternoon Bingo** is held the first Wednesday of every month. All money paid to purchase cards is returned to the players. Cards are \$1 each or 6 for \$5. (Now that's a deal!) Daytime bingo is one of the many free services provided to residents by the VMA. The fun, the festivities and the winning will commence at 3:30 p.m. on **September 6** at the Cribari Center Auditorium. Doors open at 3 p.m.

with free coffee, tea, and treats.



**CARLA GRIFFIN**  
Broker Owner, CRS  
Seniors Real Estate Specialist

[Carla@BandARealtors.biz](mailto:Carla@BandARealtors.biz)  
[www.BandARealtors.biz](http://www.BandARealtors.biz)  
[Facebook.com/B.A.Realtors](https://www.facebook.com/B.A.Realtors)

p: (408) 274-8766  
f: (408) 270-5502

CalBRE#00710852

More CLUBS



## Feel the heat on the dance floor

Can August nights get any hotter? Maybe if you are dancing with 30 other people to this month's awesome song that has a Caribbean feel. There is plenty of room on the dance floor so "come on down!"

Each month the VMS Village Dancers celebrate an exciting and new genre of music and style of dance. The Just-For-Fun dance group meets every Monday at 5:30 p.m. in the Cribari Auditorium.

Bernice Toy is the Club President and choreographer of the Village Dancers. She can be reached at Bernice.Toy@gmail.com. For more information, see the Music Society website at VillagesMusicSociety.org and click on the Village Dancers tab. The Village Dancers charge an annual \$20 membership fee to participants. All monies go towards support of the club.

## Senior Academy to feature at Villages Expo!

By Mattie Alesi

Senior Academy will be one of the many Villages organizations participating in the Villages Club and Community Expo at the Cribari Auditorium on Saturday, September 9 from 10 a.m. to 2 p.m. The Expo was conceived to showcase the many and varied organizations enjoyed by Villages residents.

For Senior Academy, the Expo will provide information on the classes and events that the Academy will be presenting beginning this fall.

In the past, Senior Academy class subjects have included the worlds of travel, entertainment, science, current events, technology, art, and history. This year's program promises to be just as varied, entertaining, and informative.

So, come to the "Expo" to learn more about the Senior Academy's Fall Program. And, while you are there, check out (at no obligation) all the amazing organizations active in the Villages. The event should be a great kickoff to the Fall!



## 'Inside the Gates' Home Tour tickets to go on sale soon

By Sherry Benz

The "Inside the Gates" Villages Home Tour is on schedule for Saturday, October 7. Tickets go on sale Friday, September 1. Some of our residents have been very busy updating and improving their homes and the results are incredible. Be sure to save the date and include your family and friends. There are six stunning homes on tour and you don't want to miss it. A fabulous lunch is planned for you at the Clubhouse and several boutiques are scheduled, bringing high quality items for your shopping pleasure. All proceeds from the Home Tour benefit VMA (Villages Medical Auxiliary). For information, contact Penny Barcellos, (408) 531-9582 or Melinda Dobbs, (408) 666-9713. Watch The Villager for future updates on this popular event.



## Install solar panels and start saving now!

By Bill Devincenzi, Sustainable Villages Community President

A recurring comment the Sustainable Villages Community hears from folks who are hesitant to install solar panels is that they will not live long enough to get the full return from their investment. However, the fact is that you actually receive benefits every month in the form of reduced electricity bills. Think of it this way. Where else can you invest some money and get a 7 to 10 percent return immediately, every month. For example, my install cost me \$14,000 after rebates. I immediately began saving \$125 per month on my electricity bill. That is a 10.7 percent return on my investment every year, no matter how long I live. (\$125 times 12 months subtracted from \$14,000). And with electric bills going up through rate increases, that increases my return accordingly. These savings can be transferred to a new owner if you decide to sell, thus increasing your property value! So, what are you waiting for? Your return will depend on the cost of your solar panels and the amount of electricity you will save. Right now, I pay \$10 per month for electricity on my PG&E bill. That is what you will pay as well. So, the difference between what you are now paying monthly for electricity and \$10 is what you will save. Do the math by dividing your annual electricity savings by the net cost, after rebate of 30 percent, of your solar panels. You will be surprised by the result. Act now to begin earning roughly 10 percent on your money. Feel free to contact me if you need help with this at Billdevincenzi@me.com.



## Global Village to present 'Touch to Heal: Self-Care Reflexology'

Join Global Village Community Club on Wednesday, September 6 from 7 p.m. to 8:30 p.m. in the Conference Room to meet Suzy Brown, guiding us in "Touch to Heal: Self-Care Reflexology."

Spread your toes to balance? Press your wrist to sleep? Suzy Brown, a Certified Reflexologist who recently presented for the VMA, is back because of popular demand.

Dating back to 2500 BC, reflexology is based on the theory that points on the feet, hands, and head are linked to every part of the body, and by massaging these points in a particular way, we can enhance good health. It's a non-invasive, healing practice to reduce pain, anxiety, neuropathy, cardiovascular disorders, gut distress, and more.

For the session, Suzy recommends you wear loose clothing and easy-to-remove shoes. During the presentation, you will work on your own hands/feet to practice finding pressure points. Even if you experience limited mobility in your hands and feet, you can practice self-care with reflexology.

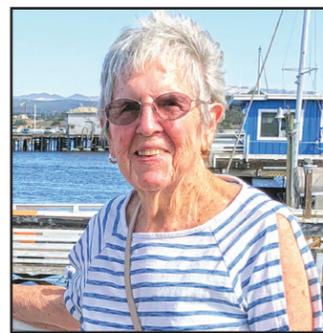
In this free workshop, you will learn, at-home self-care, focusing on five reflex zones and working with the nervous system. You will also receive a handout to guide your at-home practice.

For more information on Global Village Community Club check visit sites.google.com/view/gvclub or email globalvc-club@gmail.com.



## Take new 'Nature-inspired Collage' class

Jane Hink invites Villagers to join her in exploring the art



Jane Hink

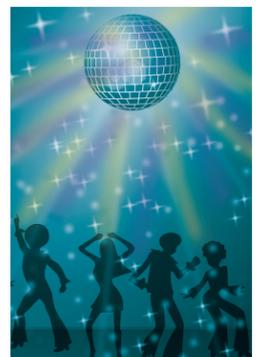
of collage with influences from nature and landscapes. Her new class "Nature Inspired Collage" will take place on four Thursdays in September, 10 a.m. – noon, in the Art Room.

Jane uses colored pages from newspapers as her medium and shows participants how to tear them into pieces to make an entirely new form. She encourages people to let their imaginations run wild!

This study group meets September 7 to September 27. The fee is \$35 and all materials are furnished. Register by emailing barb.gottesman@gmail.com

### Cribari's Dance Night Come one, come all...

Theme: Saturday Night Fever  
When: Saturday, September 30  
Time: 6 p.m. – 9 p.m.  
Where: Cribari Auditorium  
Dress: 70's look encouraged  
Info: Snacks provided, BYOB  
Cost: \$10pp charged to house#  
RSVP: cribaridac@gmail.com



#### Contests!

Best John Travolta look-alike  
Best couple dancing to "More Than A Woman"

## Dog Club Labor Day ‘Pawty’



By Barbara Sunseri and Phyllis Mueller

Come join the Villages Dog Club Labor Day “Pawty” on Saturday, September 2 at Montgomery Lake 11 a.m.

Celebrate with and dance with: Labordoodles, Pawsome Rescues, Woofwags, Greatpointers, Best-furfriends.

Bring your own chair and appetizer and dog treat and lapping water!

You do not have to own a dog to join or participate in the Dog Club.

“Scratch a dog and you find a permanent job.”

## VMA: ‘Stroke—What’s New’

The VMA is sponsoring a presentation by Noemi Conway, Executive Director of the Stroke Awareness Foundation (SAF) on Thursday, September 14 at 10:30 a.m. in the Sequoia Room. She will speak on how the SAF has improved community awareness and better-prepared families and loved ones for what can be the devastating effects of stroke.

Stroke is often preventable and treatable if treated quickly. Noemi will be discussing some of the new technologies involving strokes and topics such as: What is a stroke and its warning signs and symptoms; stroke risk factors and prevention; stroke treatment - the need to be fast; and how the Stroke Awareness Foundation app expedites patients to treatment.

To attend, please register online at [vmavillages.org](http://vmavillages.org) or call 408-238-4029.

Noemi Conway has been the Executive Director for the Stroke Awareness Foundation since 2015. She holds both a Bachelor’s degree and MBA from San Jose State University and currently lives in San Jose with her husband.



Noemi Conway

## Arts and Crafts to hold New Members Reception

On Monday, September 11, the Arts & Crafts Association will hold a reception to introduce new members and to welcome prospective members. It is at 5:30 p.m. in the Art Room. Members are invited to display one artwork on our easels or long tables. Colleen Mirassou and Stephanie Torres are hosting the New Members Reception.



## Make Jazzercise your fun fitness routine

By Barbara Tommaney

You have, no doubt, heard of countless studies that prove the importance of exercise to our health, especially as we age. Regular physical activity helps maintain mental and physical health, and helps you remain independent as you age. But the hardest thing is making regular exercise a priority and fitting it into your busy schedules. It has to become a habit. For me that habit is Jazzercise. Luckily the Jazzercise club meets three times a week, Monday, Wednesday, and Friday, from 8:30 a.m. to 9:30 a.m. I don’t have to forego any other Villages activity to satisfy my exercise program. Jazzercise Lite is designed for Seniors and you can modify any routine to suit your needs. The class is led by a certified professional who has years of experience. By the way, everyone is very welcoming. The cost for a month of Jazzercise is \$45, charged to your house account. And the first class is free so you can try it out with no obligation. For further information email Kathy [km\\_schlosser@yahoo.com](mailto:km_schlosser@yahoo.com).



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More CLUBS

# VMS: Larry Broderick to perform free piano concert

By Pamela Pierson

Villager Larry Broderick will celebrate music and life in a premiere piano concert on Sunday, September 10, at 2:30 p.m. in Cribari Auditorium. A member of the Music Society's Piano Open Studio, his performance will include engaging selections from his classical roots to the Beatles, musical theater, ragtime and other genres. The concert is Larry's gift to you. No charge.



Larry Broderick at the piano. Photo by Eric Pierson

Known affectionately as "maestro" to the Villages Amateur Theatre, Larry on piano became the orchestra for their musicals. "But for me, the main attraction has always been Piano Open Studio," he said. "Here on most Tuesdays afternoons, any Villager resident is welcome to play the two concert grand pianos in the Cribari Auditorium." According to Larry, these "incredible beasts" as he calls our two pianos, have an incredible dynamic range, clarity and resonance. He has spent hours adapting his repertoire to our concert grand and the acoustics of our auditorium.

Fate led Larry to The Villages, its two grand pianos, its auditorium, music programs, and other amenities. Sadly, in the Santa Rosa fire of 2017, Larry lost everything except his car, credit cards, and the clothes on his back. Everything—including his life's work of 45 years of musical scores that he created for other musicians.

What developed in The Villages took him by surprise. "At the age of 80, when everything else seemed to be in decline, my music was still ascending. It was a shock to realize I could now do things on the piano I could never do when I was younger, things I didn't even know were possible. Now I desperately want to do this recital to share with others this incredible gift that has given me so much joy." Larry looks forward to sharing his gift of music: "This will be a celebration like you've never heard before." Larry, who started piano lessons at age 5, received two college degrees, and devoted his life to music.

## It's Lunch Buddies time again!

VMA is inviting you to Lunch Buddies again! Join us at the Clubhouse (or maybe in the Fairway Room) for another lovely lunch. If you're yearning for company and good conversation, if you want to get out of the house for a bit, or you're looking for a stimulating time with like-minded people; this is the activity for you! Call the VMA Office at 408-238-4230 to make your reservation for Lunch Buddies on September 13 at 11:30 a.m. Reservations must be made by Monday, September 11 at noon. And don't forget to ask for transportation if you need it.

Lunch served will continue to be a cup of soup or a salad, a half sandwich, ice cream for dessert, and either lemonade, iced tea, or coffee. It's still only \$11 to be charged to your house number. See you on September 13 for our third quarter lunch!

# Sportswriter Cam Inman to speak at Villages Men's Fun Social Club luncheon

On Tuesday, September 5, Cam Inman, the Mercury News sportswriter for the San Francisco 49ers, will be the speaker at the Villages Men's Fun Social Club. Lunch reservations are required per the computer system referenced in the monthly Social Club newsletter. Guests are invited to attend and should arrive at the Clubhouse about 12:30 p.m.



Cam specializes in the 49ers and the National Football League and we have enjoyed his excellent articles. He certainly knows the 49ers and we will want to hear his interesting views.

Cam grew up here in the South Bay attending Monta Vista High School where he served as editor-in-chief of its school paper. In his senior year, he turned pro as a sportswriter and worked for the Cupertino Courier. He attended Cal Poly-San Luis Obispo earning a bachelor's degree in journalism. Upon graduating, he stayed on the Central Coast and served as the assistant sports editor of the Santa Maria Times. Each summer, he volunteers at the California Scholastic Press Association's workshop as a teacher and board member.

In 2000, he began covering the San Francisco 49ers as a beat writer. In over 20 years, he's covered a multitude of sports, in a variety of media platforms for the Bay Area News Group, though emphasizing in the 49ers and the NFL.

Social Club members are encouraged to attend this luncheon to hear Cam's excellent 49er background and reporting. We're sure he'll have some interesting stories on 49er players over the years.

## Come sing with Village Voices this season



The Village Voices is getting ready for its new season and we'd love to have you join us. Our Open House will be on Wednesday, September 6, at 6:30 p.m. at **Vineyard Center**. There will be refreshments served, time for a little socializing, followed by the main event – singing!

No matter what part you sing, one additional voice adds so much to the meaning and quality of the music we perform. And singing is good for you too! It lifts your spirits while building your confidence and you connect with others to share in the choral experience. As we perform, our community reaps the benefits of our efforts, and we keep music alive and thriving.

Every Wednesday night from 7 to 9 p.m. at Foothill Center (our regularly scheduled location), the Voices choral director, Catherine Ellacer, provides us with her expertise and enthusiasm for singing as she introduces us to new music styles as well as nostalgic familiar pieces. Tamara Welsh, our piano accompanist helps us hear our parts as well as the full composition and elements of the songs.

Village Voices is an equal opportunity organization and welcomes anyone who loves to sing with **no tryouts required!** Why not give it a try. We'd love to have your voice be heard!

If you have questions, contact Madelaine Yannaccone, Village Voices President at [madelaine@yannaccone.com](mailto:madelaine@yannaccone.com)

## Don't kick the can down the road!

The VMA currently has barrels that are labeled for its Aluminum Can Recycling Program in most trash enclosures in each village and has a team of volunteers that do pickups. For those of our neighbors who have curbside trash pickup, your aluminum cans are currently going to California Waste Solutions through The City of San Jose. We ask that, if possible, you deposit your aluminum cans instead in one of The Villages trash enclosures nearest you where our barrels are located because this program directly benefits The Villages. The recycling proceeds the VMA receives go directly back into our community. We recycle more than two and a half tons of aluminum annually.

Because we are considered a "Community Services Provider" by CalRecycle, we are only allowed to have receptacles for depositing aluminum cans in the trash enclosure and are not allowed to make collections. We are not licensed to recycle plastic, glass or tin cans. So, please separate those from your deposits.

The VMA provides many services such as:

- A professional onsite services coordinator
- Medical appointment transportation
- Grocery shopping trips and meal delivery
- Medical equipment for loan
- Free incontinent products
- Blood pressure checks
- Annual flu shots
- Educational health and wellness programs



Please give back by either recycling your aluminum with us or via financial donations. We are also especially looking for volunteers to help collect the recyclables. Please contact the VMA office (408-238-4230) if you have any questions or wish to volunteer. **Thanks for recycling!**



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# RELIGION

## VILLAGES JEWISH COMMUNITY



Welcome to The Villages Jewish Community! We offer monthly Friday night programs, the third Friday of the month, at 7:30 p.m. at Foothill Center. It begins with a half-hour service, followed by a guest speaker, and ends with a delicious Oneg Shabbat or dessert party where we eat and schmooze.

Other features are High Holy Day Services, a Purim Celebration, a Chanukah party, a Community Seder, Membership Brunch, and several other exciting programs throughout the year. Please feel free to visit us anytime. Our membership contact is Judy London at 408-784-3325.

Shalom,

Marilyn Goldsmith, President of the Villages Jewish Community

## CATHOLIC COMMUNITY

### ‘Peter’s Profession of Faith’ (Mt 16:13-20)

By Robert A. Dolci, M.Div., M.A.

This coming 21st Sunday of Ordinary Time we face a critical question: Who is Jesus Christ to us? St. Peter was inspired to answer Jesus’ query by professing that he was the Christ, the Son of God. Because of his expression of faith Peter was granted divine wisdom and authority with which he was able to faithfully serve the early Christian community.

St. Matthew relates in Sunday’s Gospel that God blessed Peter with the keys of the Kingdom of heaven, which indicates that he became the foundation upon which God would develop the Church, and that he had the authority to lead the Christian community in carrying out the very mission of Christ - which included forgiving the sin. This is truly a manifestation of the words of St. Paul in Sunday’s reading to the Romans (11:33-36), who stated that God’s expressed wisdom and knowledge is the beyond all human understanding. Indeed, Paul implied that it would be foolish not to cooperate with God’s wisdom and work to unify both Jews and Gentiles, which is what he was striving to do.

So, are we open to God’s wisdom and knowledge as we strive to handle our daily struggles and successes? How do we become aware of and embrace this wisdom? Both personal and communal prayer and the reading of the Scriptures can open the doors to God’s inspirational/wise direction. This can indeed help us in our relationships, both personal and professional, so we can be a force for unity and grace (God’s presence) in our community, just like St. Paul.

**Come to Mass:** Sunday, Cribari 8:15 a.m. Bring a friend! Homebound communions: Marilyn Rodman 408-274-4521. **Mass intentions:** Jean Gillette 408-270-5723. **Confessions:** Saturdays 11 a.m. - noon. Anointing of the Sick: 408-223-1562, follow prompts if office closed.

**Gifts of the Holy Spirit:** The gifts of the Holy Spirit, given to the apostles at Pentecost and ourselves partially at Baptism then fully at Confirmation, make the impossible possible. For example: Jesus orders, “Pick up your cross and follow me,” and “Be perfect even as your Heavenly Father is perfect”. How can anyone be expected to do either? Such demands clearly exceed human potential, even of the strongest and most determined. After all, it’s common knowledge that “Nobody is perfect.” The answer to this conundrum lies in the divine strengthenings, or “gifts”, that come to us directly from God. They are not ours by nature, but sheer gifts to us of divine power. They supernaturally elevate our reason and strengthen our will above our natural capacities. The gifts of the Holy Spirit are: wisdom, understanding, knowledge, counsel, piety, fortitude and fear of the Lord. They are the source of the heroism and wisdom of the saints. If you are a Catholic who has not received these gifts through Confirmation, consider receiving this sacrament soon.

## COMMUNITY CHAPEL

### ‘What’s It Like?’

By Pastor Bill Hayden

As a child, I grew up eating several types of beans, like navy, great northern, green and butter beans. We would also have black-eyed and green peas.

Several weeks ago, while grocery shopping, I picked up a bag of beans to purchase. I had seen similar types of mixed dried beans before but that day the color of the 15 types of beans in the bag grabbed my attention. They all varied in color, shapes and sizes; I felt assured that each one would yield a different flavor. Some would require less cooking time while others would require more because of the size and structure.

Looking at that bag of beans reminded me of the many people groups. They were all different but one thing was evident... they were beans!

Many years ago, I had the privilege of creating a workshop that involved people who were ethnically diverse. Our goal was to gain a better understanding of each other. In general, people will observe, interpret, and make decisions based on their perceptions. For the most part, decisions were influenced by our emotions, impressions and peer pressure as opposed to seeking the facts. If you perceive something in a certain way, the tendency is to look for others who will support your view, whether they are accurate or not.

In the workshops I incorporated role play and intentionally assigned participants to a different ethnic group to bridge the cultural gap between people groups. In the role play, I would ask them the question, “What is it like to be a person of this group?” Then, there would be a response from an entirely different ethnic group and everyone listened to their explanation. Afterward, the person representing that ethnicity would share their experience with the group to clarify any misconceptions or biases.

When people come together with humble hearts and a desire to learn and understand each other, then grace happens. It’s like mixed beans properly rehydrated with the Water of Life, sprinkled and seasoned with prayers and songs. A healthy portion of the meat of God’s word is added with the heat turned up to medium high! This is an analogy of the group’s experience as they grow in acceptance, love and appreciation of each other.

So, what’s it like to be in Chapel? ... It’s like being strengthened, encouraged and affirmed? A total joy, sending a sweet aroma to the Lord!

*“And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of His return is drawing near.”* Hebrews 10:25 NLT

Celebrate with us at the Villages Community Chapel in Cribari Auditorium, every Sunday at 10 a.m. to be encouraged over the Word of Life, enjoy a cup of coffee and cookies with friends. The chapel is a place for needs to be met, faith to be affirmed and new friends to embrace. You can view our worship services on YouTube at Villages Community Chapel San Jose, CA.

## SEARCH THE SCRIPTURES

Search the Scriptures is meeting at **10 a.m., August 28 at Vineyard Center.** We are meeting on the second and fourth Monday of each month. Any questions, contact Everett Jacobson at 408-629-7210 or Ron Speer at 408-223-2025



## EPISCOPAL

### ‘Hearts at Rest’

By The Very Rev. Julia McCray-Goldsmith, Dean of Trinity Cathedral

“You made us for thyself, O Lord, and our heart is restless until it finds its rest in you.” Those are the memorable words of a brilliant—but admittedly restless—young African scholar and teacher. As Augustine of Hippo (354-430) related the story of his conversion, he was in a garden pondering his peripatetic spiritual search when he heard a young child’s voice telling him to “take up and read.” His subsequent study of Paul’s letter to the Romans inaugurated his life of Christian faith. He went on to become one of the most important theologians of the early church, and the chief interpreter of Paul’s teaching to the Western Church.

Well known for a rather libertine lifestyle prior to his Christian conversion in 384, Augustine never lost his sense of passion, but rather channeled it in a new direction. “To fall in love with God is the greatest romance; to seek him the greatest adventure; to find him, the greatest human achievement,” he wrote in his Confessions. He challenged his own students—and us, in our time—to love God with all our heart, soul, mind and strength.

On August 28, the Episcopal Church remembers Augustine’s wisdom and courage. Although he himself expressed a lifelong sorrow for wasting so much youthful time on worldly pursuits, Augustine’s life and witness teach us that God makes use of everything that we surrender to transforming grace.

Please join us for worship on Sundays at 9 a.m. at Montgomery Center and then following services, we gather for breakfast and fellowship at the Clubhouse.

# SPORTS NEWS

## TENNIS TALK

By Betty Olsen



Amit Seth

Meet new Tennis Club member Amit Seth and wife Swati Seth, who just moved into Valle Vista on July 30! He said he had his eye on The Villages for a while so when he turned 55 in March he called his realtor.

Amit grew up in Bangalore, India and participated in cricket and snooker while growing up, and now he represents the U.S. at the Snooker World Championships. He has one younger sister who lives with her family in Los Gatos.

About 10 years ago, Amit retired from cricket and took up tennis. He started with USTA leagues playing as a 3.5, but now plays USTA 4.0 from Courtside. Amit is competitive in several sports: cricket, snooker, billiards, tennis and is looking to try pickleball.

He is still working so most of his sports are played on the weekend. Amit moved to the U.S. in 1992 and currently is an AI and Data Technologist at The Weather Company owned by IBM. Yep, The Weather Company is the largest company in the world reporting on the weather! So, if you have weather related questions, Amit is your guy.

Besides his sports, Amit feels compelled to give back to his community by volunteering on several non-profit boards. He is especially passionate about working for non-profits fighting child trafficking.

Welcome to The Villages, Amit and Swati.

## WOMEN'S 9 HOLE

By Valerie Dimmick

Forty-nine players came out on a warm August morning for the weekly Sweeps. Players are grouped into two flights on both the front and back nine. Jo Bundgard and Terry Holmquist came in first in their respective flights on the front nine. Kitty Ohtaka and Madeline Naftzger came in first on the back. Kitty ended the round with the net low of the day at 33 thanks in part to a birdie on hole 11. Mazie Rice captured the chip-in jar with her chip-in on hole 6. Congratulations to all!

"What happens when my ball lands on a sprinkler head?" "How many club lengths can I use after I retrieve my ball from the water?" These are questions that come up regularly during play. So, a reminder to come a bit early for Sweeps on Tuesday,

September 5 at 8 a.m. Suzy Q from the 18-Hole Women's Club will be giving a rules seminar. Meet on the putting green to have your questions answered.

Donations for the Charity of Choice can be made on Tuesday mornings. Volunteers are collecting checks in advance of the September 12 play day. Make your checks out to Play for PINK. Donations go toward funding the Breast Cancer Research Foundation (BCRF). BCRF is the largest private funder of breast cancer research worldwide and the highest rated breast cancer charity in the country.

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## 18-HOLE WOMEN

By Barbara Nilsen



M&M Tournament winners Janis LeCompte and Lyn Strong with golf pro Scott Steele.

This the 18th of August was the final day of our annual Member Member (the M&M) Electric Tournament. It was a beautiful day, four flights each paid five places, so lots of winners!

The overall winner of the Tournament was Lyn Strong and Janis LeCompte with a net score of 57. This was accomplished with the help of Lyn Strong's best ever gross score of 75! Way to go, Lyn and Janis!

The overall Most Improved Winner was Lorrie Gallegos and Carol Zacheo by improving 14 holes!

First place Winner in flight #1 (the **Bodacious Brown** M&Ms) Camille Giuliodibari and Karen Harsany with a net 59.

Flight #2 the **Buttercup Yellows** winner with a net 57 was Diana Hallock and Cindy Fuller.

Flight #3 the **Outrageous Oranges**, winner after a tie breaker was Emily Li and Kitty Ohtaka with a net 58.

Flight #4, the **Mystic Purples** winner with a net of 59 was Delma Juarez and Pam Schramm.

There were also closest to the Pin winners each day in each flight on Hole #11: Patti Bell, Kitty Ohtaka, Delma Juarez, Pam Schramm.

Longest Drive Flight winners: Monica Saneholz, Karen Harsany, Jeanne Duce, Judy Rodrigez  
Chip ins: Bev Poellot #12, Monica Saneholtz #10, Geri Wilk #8, Lyn Strong #1, Helen Varenkamp #13, Inge McQuiddy #15, Cindy fuller #13

Birdies: Moncia Saneholtz #11, Annie Bassford, #18, Suzi Hathaway #8 and #15, Karen Harsany #6, Lyn Strong #1, #2 and #12, Janet Gonzales #4, Helen Varenkamp #10, Barbara Weisend #15.

The tables were beautiful today with a winner at each table getting to take home the Flowers. Thank you, Judy Rodriguez!

Signups for the Championship are available now. Play is on September 7, 14 and 21.

## PICKLEBALL

By Anahid Gregg

The Pickleball Club sent out its semi-annual update for paddles recently (and are still following up). Some people do not understand why we keep doing this. It took close to five years to get our pickleball courts approved and built. The construction only took a few short months; the approval process was much longer. Our biggest concern was not disturbing our neighbors. After failing the sound study, we decided to be proactive.

We discovered the Sun City Grand "quiet paddle list." They have an acoustic engineer test every paddle sent to them (at no cost!), to determine the noise it generates. Many manufacturers now routinely send all new paddles to them, as literally hundreds of communities do the same thing we do—only allow paddles on the list to be used on their courts. Not only private communities, but public ones as well.

We also found a ball with a slightly softer composition, the Onix 2 Pure, which makes it quieter. So, the Onix 2 Pure became the only ball allowed at The Villages. Further investigation found "acoustifence," which is an acoustical barrier that provides noise reduction. To make it more attractive to our neighbors, a redwood fence was placed behind the padding, further blocking noise.

It is of paramount importance we are good neighbors—both to fellow Villagers and those behind our courts. Having done the hard work, it's important that all players register to use the courts, which includes registering and using paddles on the "quiet list." We do not want to be one of those communities in the news who are complained about. This article is continued on our website with more information, and a link to the approved paddle list. Please remember – USAPA approved paddles are *not* necessarily approved for noise. USAPA ratings are simply grading material content and total surface space.

Thank you and happy Pickleballing!



More courts are posting signs like this one at Berkeley pickleball courts.

# SHONIS

By Betty Hall



**Julianna Wahlgren with the Hole-in-One cake.**



**Jonna Robinson, Flight Two winner.**



**Donna Erickson, Flight Three winner.**

The Shonis held their August General Membership meeting last Tuesday, the 15th. We are gearing up already for 2024, looking at committees that need chairpeople, liasons for various activities and getting ready to vote for our 2024 board when we meet again in October.

But we're not all about business. We also enjoyed a delicious Hole-in-One cake baked by Bonnie Evans and presented to Julianna Wahlgren for her Hole-in-One last month on Hole 9. Her second Hole-in-One with the Shonis.

We tend to celebrate these fun events for a while. We also enjoyed ice cream treats with our cake purchased by the board when the Bandini group declined our annual donation since we do our own Bandini. Here's Julianna with her special Hole-in-One cake.

Co-Captain, Marty Blinde, distributed birdie pins to our first-time birdie Shonis and Captain's Trophy pins to our June, July and August winners. Last Tuesday was also a special game day, two clubs and a putter. The winners from each flight with the lowest gross received special two-club pins. Our winners were Jini Kang, Flight 1 with a 32. Pictured above are Jonna Robinson Flight 2 winner and Donna Erickson, Flight 3 winner. Both had a 43.

## MEN'S GOLF CLUB



By Doug Moore, douglas.moore865@gmail.com

**How did this happen?** We don't know how this monumental event slid through the cracks and bottom line, we aint got a clue.

"Hole In Ones" are events that the Men's 18 Hole Golf Club treat with the paramount and most sincere reverence. That being said... we pooched this one with a big swiiiiiiiiing and a miss!

On July 9, on hole #4, **Bong Chang** did what most of us only dream about. Yes he did, he "Aced" it. Good on you, Bong and we hope you have a ton more. Please, when you see him out and about, congratulate him on his achievement.

**Upcoming events:**

**You've been reading this for weeks and it's already here...**

We want to make sure that all of you that are planning to participate in this year's event have enough notice so that you may mark your calendars. **Men's 18 Hole Golf Club "Club Championship - Match Play"**—This will be held September 16 to 24, 2023. Play will be conducted over two consecutive weekends. Tee times will be assigned by the Pro Shop. Rescheduling tee times will not be permitted. This is always considered to be an "MGC Major." See you there!

**Fall Classic & Annual Meeting**— October 14, 2023 – Two-Man Teams. 6,6,6...6-Holes Best Ball, 6-Holes Alternate Shot, 6-Holes Scramble. Flighted – Holes assigned on scorecard. Coffee and Donuts. Annual Meeting, Trophy Awards and Lunch in the Fairway Room.

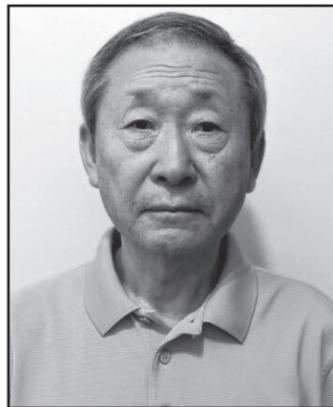
**Golf Thoughts:**

• **Golf fact:** The higher a golf players handicap, the higher the chance that he will try to tell you what you're doing wrong.

• **Wife:** You spend far too much time concentrating on golf! Do you even remember the day we got engaged? **Husband:** Sure I do! It was the same day I shot even par.

**Executive Committee Meeting:** The Men's Golf Club Executive Committee meets the first Tuesday of the month (except in July) at 8:30 a.m. in the Montgomery Center. The next meeting will be **September 5, 2023**. MGC Members are always welcomed and encouraged to attend.

Also, remember to visit our website at **villagesgolfers.com** for the latest Men's Golf Club information. Kyle Finley does a great job with the website, keeping us up to date with all of the latest information we need to know regarding the club.



**Bong Chang**

# IRONMEN

By Bill Travis and Jerry Juracich

The Ironmen are currently in morning play, gathering every Thursday morning at 10 a.m. with a shotgun start, sweeps, birdie pool, and closest to the pin.

Thursday, August 17, 2023, it was warm with lots of sunshine; another great day for some golf. The results are as follows:

Twelve Ironmen played. Doug Herring won **Third Place** with a net 29. **Second Place** was a two-way tie between Al Bruno and Bob Lapidus with net 28s. **First Place** was a two-way tie between Jack Bindon and Jerry Juracich with net 27s.

There were two **Birdies**: one by Jack Bindon on hole 8 and one by Al Bruno on hole 2.

Jack Bindon won **Closest to the Flag** on hole 8 at 6 feet, 4 inches.

Al Bruno won Low Gross with a 29.

**Golfer of the Day** honors were shared by Jack Bindon with a first place, a birdie and closest to the flag, and Al Bruno with low gross, a second place finish and a birdie. Way to go, guys.

The Ironmen 9 hole, par 3 group would love to add new members. We are a very sociable group and play basically pressure-free golf. And the first round is on us. Just call Jerry Juracich at 408-440-8283.



## Men's 18 Hole Golf Club Club Championship - Match Play

**When:** September 16 — September 24, 2023  
 - Round 1 Matches – Saturday, Sept. 16  
 - Round 2 Matches – Sunday, Sept. 17  
 - Round 3 Matches – Saturday Sept. 23  
 - Round 4 Matches – Sunday, Sept. 24  
 Final Flight Championships

Note: Play will be conducted over two consecutive weekends. Tee times will be assigned by the Pro Shop. Rescheduling tee times will not be permitted.

**What:** Club Championship  
**Format:** Individual Match Play  
**Sign-Up:** Sept. 2 through Sept. 14  
 – Sign up with the Pro Shop. The Pro Shop will make the pairings.  
**Handicaps:** 100 % of Sept. 14 Handicap  
**Flights:** Flighted, determined by Handicap  
**Tees:** #5, #4, #4/3, #3, and #3/2 Tees. Determined by Handicap  
**Tee Times:** Tee Times TBD  
**Cost:** \$20 plus Green Fees per Round





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3333 Stevens Creek Blvd. San Jose, CA 95117



# BOCCE NEWS



By Barbara Orlando

Tropical breezes, pu pu platters, coconuts and fun! Today at BASH, Paul and Heidi, your bash hosts will greet you with Alohas. Please bring along a themed snack to share and your favorite beverage. Bash is a fun way to meet new people. You needn't be a member to attend. Play casual bocce in half-hour sessions and visit around the Tropical table of snacks.

Hot August Nights was successful, with over 160 members attending. What a way to end the All Guys vs. All Gals Tournament. Thank you to Wendy Ledamun, Social Director for the Bocce Club and all her wonderful volunteers. A special thanks to Paul Andersen and Shel Schumaker.

By now your Village has formed a team for the Village Challenge which takes place on Sunday, September 10 from 9 a.m. to 5 p.m. Good luck to all teams playing in this year's challenge. Questions can be directed to Michael Sunzeri at twosunzeri@comcast.net.

Next week photos of the first and second place winners of the Guys vs. Gals tournament.

**Did you know?** When measuring is taking place, only three people are allowed on the court—the referee plus each team captain (or their designee).



Paul Andersen dressed for the Luau today!

## FROM THE PRO



By Scott Steele, PGA Head Golf Professional

### Upcoming Golf Scheduled Events

Friday, August 25 – Twilight Nine & Dine – 5 p.m. Full Course Shotgun – Last Tee Time 12 p.m.

Tuesday, August 29 – Women's 9-Hole Golf Association Open Day – 8:45 a.m. Shotgun

Monday, September 4 – Labor Day Holiday – 7am Open Play

Monday, September 11 – Santa Clara County WGA President's Tournament 11am – course closed all day

Thursdays, September 7, 14, 21 – 18-Hole Women's 2023 Club Championship – 8:20 a.m. Shotguns

Saturdays, September 16, 17, 23, 24 – Men's Club 2023 Club Championship – 8 a.m. tee Times

Friday, September 22 – Twilight Nine & Dine – 4:30 p.m. Shotgun – Last tee Time 12 p.m.

Saturday, September 23 – Clyne Soley Memorial Tournament – Par-3 Course – 10 a.m. and 12 p.m. Shotguns

Friday, September 29 – 8 a.m. Open Play Shotgun – 12:30 p.m. St John Vianney Tournament – course closed

**Save the Date**—Sunday, October 1 – 2023 Couples Member/Guest Invitational. Enjoy a great day of golf, friends, food & drink! Invite your favorite couple from another club and showcase the Villages' great golfing experience. More information to follow...

### Modified Golf Course Walking Schedule

**Monday, September 4** – Due to the Labor Day Holiday, pedestrians will be permitted to walk on the golf course before 7 a.m. and after dusk only. Thank you for your cooperation. Please be safe!

**Monday, September 11** – Due to a Golf Tournament, pedestrians will be permitted to walk on the golf course before 11 a.m. and after 4 p.m. only. Thank you for your cooperation. Please be safe!

**High School Golf**—As always, we at the Villages do our part to support the surrounding community and promote junior golf. Along those lines we permit the Evergreen High School golf programs to practice and play at the Villages as their "home course." The Evergreen Girls High School season is starting, so the girls will be out at The Villages Mondays-Thursdays after 3:30pm using our practice facilities and the Par-3 Course, and on some Wednesdays using the front-9 for their matches. They will always defer to residents whenever possible. Thank you to our resident golfers for allowing Evergreen High School to use our golf facilities.

### Villages Golfers – Be a part of our "Culture of Care"

We can all participate in keeping our golf course beautiful by observing these simple acts of care:

1. Follow the 90-degree rule (longer hitters) or the Entrance gates (shorter hitters) when entering the fairway
2. Avoid driving on the mounds surrounding our greens
3. Respect any roping and cart directional signs and please EXIT every hole through the EXIT GATES
4. Park your golf carts behind the Yellow Lines 30-feet in front of each green
5. Repair your pitch marks on the greens
6. Fill your fairway divots with our sand mix provided on Hole #1, #10, #6, #15
7. Smooth out the sand in the bunkers with the rake & knock the sand off your shoes before walking on the green
8. Do not drive on or too close to the #2 & #1 forward tees

Let's all make it a goal to leave our golf course in better shape than we found it, EVERY time we play...Thank you!

**New in the Pro Shop**—Villages Logo Caps for men and women from Ahead headwear – the #1 headwear company in the golf industry. Men's & Women's Antigua Logo Golf Tops for Spring & Summer. Black Clover Live Lucky Golf Caps for men and women. Dorfman Pacific Women's Sun Hats in Summer colors – protect yourself from the UV Rays with a wide brim hat. Orlimar Pitch n Putt Golf Bag – Perfect for our Par-3 Course – available in multiple colors for men and women. Power Bilt Beginner Box Sets – Includes 9 clubs and a bag – Only \$299! Wilson Duo Golf Balls – the lowest compression golf balls in the World – 40 compression perfect for low swing speeds. Wilson Triad Golf Balls – High performance 3-piece golf balls – great distance with exceptional feel – something new.

### Tips from the Pro – Great Public and Resort Golf Courses That You Can Play

One thing we all have in common is a passion for playing golf. One of my favorite things to do is play golf at different courses in different cities to experience all the unique and challenging golf course layouts, and how these great courses blend with the surrounding conditions in which they are designed. And I especially enjoy playing golf with my son Jared when we go on a family vacation. I was recently telling a member where we had gone to play on our last vacation, and she hadn't heard of the golf course, and suggested that I do an article listing some nice courses to play while on vacation.

So here is a list of some of my favorite public golf courses in places that I have visited and played golf at over the years that you can play too...

(Continued on next page)

## Come to Bocce Bash



on Friday, August 25 from 3 to 5 p.m. at the Bocce Courts for a Luau Party!

Come join us for fun in the sun! Let the sea breezes blow, as you play casual bocce with new and old friends. Just bring an island snack to share if you'd like to eat, along with your favorite island beverage.

Non-members welcome! Our courts are ADA compliant, and bathrooms are adjacent to the bocce courts.



Sue Lassetter, M.A., CLC, SRES

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# SCOREBOARD

(From The Pro continued)

Running Y Resort – Kalmath Falls, Oregon  
 Pelican Hill Resort – Newport Beach, California  
 Pronghorn Golf Club – Bend, Oregon  
 The Golf Club at Terra Lago – Indio, California  
 Sandpiper Golf Course – Goleta (Santa Barbara), California  
 Tres Vidas Golf Club – Acapulco, Mexico  
 Nicklaus North Golf Course – Whistler BC, Canada  
 Mauna Lani & Mauna Kea Golf Courses – Big Island, Hawaii  
 TPC San Antonio – San Antonio, Texas  
 Old White Golf Course – The Greenbrier Resort, White Sulphur Springs, West Virginia  
 Las Vegas Paiute Golf Resort – Las Vegas, Nevada  
 Copper Valley Golf Course – Copperopolis, CA  
 Ventana Canyon Golf Club – Tucson, Arizona  
 All great places to visit, vacation and play golf.  
 To sign up for a lesson with me, email [sssteel@the-villages.com](mailto:sssteel@the-villages.com)

## MEXICAN TRAIN DOMINOES

Wednesday, August 16

Sandy Gardiner 172  
 Sylvia Rozewicz 265  
 Aloma Lazetera 267  
 Jennifer Biskind 339

Friday, August 18

Earl Magoun 159  
 Cathy Razumich 258  
 Kit Hultquist 259



## BRIDGE

Monday, August 14:

1-2. Jan Kiernan - Sumi Minami  
 1-2. Maureen Waltho - Alan Waltho  
 3. Selma Chastaine - Sylvia Rozewicz

Wednesday, August 16:

1-3. Alan Waltho - Maureen Waltho  
 1-3. Jan Kiernan - Sumi Minami  
 1-3. Mary LeGrand - Lorrie Scott

Friday, August 18:

1-2. Joe Henry - Bonnie Taylor  
 1-2. Selma Chastaine - Lorrie Scott  
 3. George Welch - Guest

## SHONIS

Tuesday, August 15

All Nets

Flight One:

1. Jini Kang 22  
 2. Bonnie Evans 23  
 3. Teddy Morse 24

Flight Two:

1. Jonna Robinson 26  
 2. Lesley Robinson 28  
 3. Meg Rogers 29

Flight Three:

1. Donna Erickson 19  
 2. Peggy White 28

## BOCCE

All Guys vs. All Gals Hot August Nights Tournament 2023  
 Week #6

Monday, August 14

4 p.m. Madames of Mayhem 9-3  
 Charles Angels 2-10  
 Big LeBocce 7-5  
 Balls Away 6-6

Tuesday, August 15

4 p.m. Merry Bocce Band 7-5  
 Ball Breakers 7-5  
 Rollin' Babes 5-7  
 Board of Directors 5-7  
 Total Bocces 5-7  
 2B Reckoned With 6-6

Wednesday, August 16

4 p.m. Bocce Pals 4-8  
 Friskies Felines 7-5  
 Motley Crew 9-3  
 Master Blasters 4-8  
 6 p.m. GG Bocce 6-6  
 Lefties In The Dust 4-8  
 Bad Ass Bocce Boys 11-1  
 Straight Shooters 3-9

Thursday, August 17

4 p.m. Pink Ladies 6-6  
 Bocce Straight Shooters 7-5  
 Bocce Gals 4-8  
 Femme Fatales 7-5  
 6 p.m. Mama Mia 6-6  
 Bocce Queens 4-8  
 Bocce Babes 4-8  
 Great Balls Bocce 10-2

## 18-HOLE WOMEN

M&M Tournament

August 10 and 17, 2023

Overall winners - net 57: J. LeCompte and L Strong

Flight One - Bodacious Brown

1. C. Giulliodibari and K. Harsany - Net 59  
 2. A. Bassford and M. Saneholtz - Net 60  
 3. P. Bell and V. Krattli - Net 61  
 4. J. Gonzales and B. Sharps - Net 61  
 5. M. Olsen and J. Owen - Net 62

Flight Two - Buttercup Yellow

1. C. Fuller and D. Hallock - Net 57  
 2. H. Paris and M. Rice - Net 59  
 3. K. Besmehn and L. Rube - Net 60  
 4. J. Kim and J. Lee - Net 61  
 5. A. Citrigno and J. Mukuno - Net 63

Flight Three - Outrageous Orange

1. E. Li and K. Ohtaka - Net 58  
 2. B. Poellot and J. Rodriguez - Net 58  
 3. R. Fedor and N. Keane - Net 59  
 4. M. Amundson and S. Daughtrey - Net 62  
 5. P. McCarthy and I. McQuiddy - Net 64

Flight Four - Mystic Purple

1. L. Gallegos and C. Zaccheo - Net 59  
 2. D. Juarez and S. Park - Net 59  
 3. J. Beattie and M. Whittaker - Net 61  
 4. A. Glazer and B. Weisend - Net 62  
 5. D. Doughty and L. Esfahani - Net 62

## PINSEEKERS

By Jim White

After a long, cold, wet winter, the Pinseekers are continuing to be blessed with weather suitable for fun in the Sun.

We are happy to welcome our newest member, Clayton Krinard. Many of you will recognize Clayton from his time working at the desk in the Pro Shop.



Only 11 players competed for sweeps points as three members did not get their Chelsea registration in by Wednesday evening. C'mon, guys, get out there and play. Have fun with your partners and enjoy our Villages golf weather.

Results for Friday August 18: First Place, Don Lee at Net 35; Second Place, Martin Hoek with a Net 38; Third Place (tie) at Net 39 with Jack Bindon, Mike Falarski, and Larry Milligan. Sliding into Fourth Place with a Net 40 was Jim Keane.

Again, a reminder that the second annual Pinseekers barbecue is scheduled on September 8, immediately following the last ball in the cup for that day's Pinseeker outing. Sign up with

President Lee by Friday, September 1. Include the name of your spouse or significant other, (only one guest).

This week's words of wisdom from Amy Alcott, LPGA Hall of Fame member, winner of 29 Tour events including five major championships, "Keep your sense of humor. There's enough stress in the rest of your life not to let bad shots ruin a game you're supposed to enjoy."

## VMA Spotlight...

(Continued from page 12)

## Support Groups

**Grief Support Group:** Chaplain Dale Poland, M.Div, BCC - from Hospice of the Valley-Sutter Health. The group will be taking a three-week break and resume sessions on Monday, September 11 at 10:30 a.m. -12 p.m. in the Sequoia Room. Please call 408-238-4029 with any questions.

**Caregiver Support Group:** Judith London Ph.D. will conduct the monthly group on Thursday, September 21 at 10:30 a.m.-12 p.m. in the Patio Room and via Zoom. Please contact Judy for all meeting specifics at [judithlondon@sbcglobal.net](mailto:judithlondon@sbcglobal.net) or call 408-784-3325.

**Parkinson's Caregiver Support Group:** Meet with other caregivers of those with Parkinson's on Thursday, September 21 from 10 a.m. to 11 a.m. in the Forum Room.

**VMA has made it super easy to register for these Programs and Support Groups!**

Go to [vmavillages.org](http://vmavillages.org) and click on "Register for Programs" and sign up! You will get an immediate confirmation! Also, any changes to room, time or speaker will also be noted there as well as in the paper.

Please check out [vmavillages.org](http://vmavillages.org)



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# LANDSCAPE & MAINTENANCE

## MAINTENANCE SCHEDULE

### Cribari

Cribari Center—Landscape maintenance, hand and mechanical weed control in progress.

5320-5363, 5400-5432 and 5489-5499—Landscape maintenance, hand and mechanical weed control, 8/28-9/1.

Cribari Glen through Cribari Circle—Final front door painting in progress.

### Del Lago

3301-3315—Landscape maintenance, hand and mechanical weed control, 8/28-9/1.

Dead/dying tree removals at various locations, in planning.

3401-3431—Pro chip jet mulching installation in progress.

Common Areas—Treatment for voles, moles, gophers and squirrels (Rozol Vole Bait, Talpirid, Gopher Coetter Type 2 Bait, Rodent Bait Diphacinone .005% and .01%), scheduled for 8/28.

### Estates

8809-8875—Landscape maintenance, hand and mechanical weed control, 9/18-9/22.

### Fairways

4001-4024—Landscape maintenance, hand and mechanical weed control in progress.

### Glen Arden

7698-7752 and 7753-7787 (odd)—Landscape maintenance, hand and mechanical weed control, 10/2-10/6.

7708—Driveway replacement in planning.

### Heights

8480-8505—Landscape maintenance, hand and mechanical weed control, 9/25-9/29.

8499—Water remediation in progress.

8501—Sewer lateral repairs in progress.

### Hermosa

8005-8032, 8100-8121 and around lower Chardonay lake area—Landscape maintenance, hand and mechanical weed control, 9/25-9/29.

Dead/dying tree removals at various locations, in planning.

8350 and 8355—Carport repairs in progress.

8436—Walk path sinkhole repairs under review.

### Highland

7500-7573—Landscape maintenance, hand and mechanical weed control, 9/11-9/15.

Dead/dying tree removals at various locations, in planning.

7628—Reconstruction in progress.

### Montgomery

6001-6068 and 6127-6136—Landscape maintenance, hand and mechanical weed control, 9/18-9/22.

Dead/dying tree removals at various locations throughout the district, in planning.

Common Areas—Treatment for voles, moles, gophers and squirrels (Rozol Vole Bait, Talpirid, Gopher Coetter Type 2 Bait, Rodent Bait Diphacinone .005% and .01%), scheduled for 8/28.

6277—Repipe in progress.

6043-6045—Exterior repairs in progress.

### Olivas

8740-8752, 8769-8807 and Foothill Center—Landscape maintenance, hand and mechanical weed control in progress.

8713-8738 and 8753-8768—Landscape maintenance, hand and mechanical weed control, 8/28-9/1.

8736—Slab leak repairs in progress.

Trash enclosure by 8684—Dry rot repairs in progress.

### Sonata

2000-2024 and 2032-2064—Landscape maintenance, hand and mechanical weed control in progress.

2025-2031 and 2065-2101—Landscape maintenance, hand and mechanical weed control, 8/28-9/1.

Common Areas—Treatment for voles, moles, gophers and squirrels (Rozol Vole Bait, Talpirid, Gopher Coetter Type 2 Bait, Rodent Bait Diphacinone .005% and .01%), scheduled for 8/28.

### Valle Vista

9001-9014 and 9034-9036—Landscape maintenance, hand and mechanical weed control, in progress.

9015-9033—Landscape maintenance, hand and mechanical weed control, 8/28-9/1.

### Verano

7001-7060 and 7395-7404—Landscape maintenance, hand and mechanical weed control in progress.

7314-7394—Landscape maintenance, hand and mechanical weed control, 8/28-9/1.

Shrub beds, cement cracks, random (Roundup Pro Max EPA-524-579), spot weed herbicide spray throughout the district, ongoing.

Turf herbicide broad leave (Turflon Ester EPA #62719-566), spot weed herbicide spray throughout the district, ongoing.

### Association

Common Areas—Treatment for voles, moles, gophers and squirrels (Rozol Vole Bait, Talpirid, Gopher Coetter Type 2 Bait, Rodent Bait Diphacinone .005% and .01%), every Monday.

Irrigation repairs in progress throughout the Villages.

Shrub beds, cement cracks, random (Roundup Pro Max EPA-524-579), spot weed herbicide spray throughout the districts, ongoing.

Turf herbicide broad leave (Turflon Ester EPA #62719-566), spot weed herbicide spray throughout the districts, ongoing.

-Due to ongoing watering restrictions, weather conditions, etc., the turf mowing and edging operation schedule to all Association property areas, will be completed every other week, to avoid/reduce further damage to current severely stressed turf situations.

### Club Centers

Shrub beds, cement cracks, (Roundup Pro Max EPA-524-579), spot weed herbicide spray throughout Club Centers, ongoing.

-Due to ongoing watering restrictions, weather conditions, etc., the turf mowing and edging operation schedule to all Club Property areas, will be completed every other week, to avoid/reduce further damage to current severely stressed turf situations.

Cribari Center – Remodeling of the Forum Room and adjacent rooms, in progress.

Public Safety Plaza – Visitors sign repairs in progress.

**For Pesticide information on pest control or landscape, please contact Customer Service at (408) 223-4670 or visit the Corporation Yard at 3401 The Villages Fairway Drive. San Jose, CA 95135 or visit the Resident Portal and click on the Pesticides button for pest control or landscape.**

## Maintenance Project Notice:

All work scheduling is subject to weather, delays and availability of contractor labor and materials. Contractor may start several days ahead or behind plan schedule, pending field and weather conditions. As needed, we update schedules accordingly via FastLane. For your safety, please be aware of and stay clear of project and staging areas. Access is typically restricted in the work areas. Look out for cautionary signage and other measures. Parking facilities and street frontage may be in use on a temporary basis for vehicle, material and equipment staging. Debris, dust, noise, odor and visual inconveniences may result from a project. Thank you for your cooperation and understanding.

**Reminder: Articles are due by 4:30 p.m. Thursday, one week before publication**

## Maintenance Services

**Customer Service Line:**

**408-223-4670**

## Maintenance Emergencies and/or Advice

The Maintenance Services Department's general work hours are Monday through Friday, 8 a.m. to 4:30 p.m. If you experience a maintenance emergency during those hours, please call the office right away at 408-223-4670. Even if you are certain the emergency is your responsibility, Maintenance Services can provide a list of contractors that are familiar with The Villages and may be helpful for the repair.

If a maintenance emergency occurs outside of the general work hours or during a holiday, please call Public Safety at 408-223-4665. The Public Safety Department will contact the Maintenance Area Supervisor and/or the appropriate contractor. Together, they will all help to resolve your maintenance emergency.



## Report Irrigation Issues

Please report broken sprinklers or other irrigation repair issues by calling Maintenance Customer Service at 408-223-4670 or online at: [workorder@the-villages.com](mailto:workorder@the-villages.com)

For after hours or on holidays, contact Public Safety at 408-223-4665

## Tips for preparing for power outages

Extended power outages may be the result of wildfires, earthquakes or other emergencies and may impact the whole community as well as the economy. In the event of such a power outage, you may be able to reduce some of the impact by being prepared. Review the following tips for ways you can ease potential difficulties.

**Prepare NOW before the power goes out.**

Take an inventory of items you need that run on electricity.

Talk to your medical provider about a power outage plan for medical devices powered by electricity and refrigerated medicines. Find out how long medication can be stored at higher temperatures and get specific guidance for any critical medications.

Have batteries and other alternatives to meet your needs when the power goes out.

Sign up for local alerts and warning systems. Monitor weather reports.

Install carbon monoxide detectors with battery backup in central locations on every level of your home.

Determine whether your home phone will work in a power outage and how long battery backup will last.

Review the supplies that are available in case of a power outage. Have flashlights with extra batteries for every household member. Have enough nonperishable food and water.

Put thermometers in the refrigerator and freezer so that you can know the temperature when the power is restored. Throw out food if the temperature is 40 degrees or higher.

Keep mobile phones and other electric equipment charged and gas tanks full.

**Survive DURING the outage.**

Keep freezers and refrigerators closed. The refrigerator will keep food cold for a few hours. A full freezer will keep the temperature for about 48 hours. Use coolers with ice if necessary. Monitor temperatures with a thermometer.

Maintain food supplies that do not require refrigeration.

Avoid carbon monoxide poisoning. Generators, camp

(Continued on page 27)

## About the Ready! Set! Go! Wildfire Action Plan:

Successfully preparing for a wildfire requires you to take personal responsibility for protecting yourself, your family and your property. We hope to give you the tips and tools you need to prepare and be successful.

To find more information:

About Ready! Set! Go! : [www.WildlandFireRSG.org](http://www.WildlandFireRSG.org)

Contact the San Jose Fire Department—Local station 11.

Santa Clara County Emergency Alert System—[www.AlertSCC.org](http://www.AlertSCC.org) (Text your Zip Code to 888777 for emergency alerts.)

San Jose Office of Emergency Management: [oes@SanJoseCa.gov](mailto:oes@SanJoseCa.gov)

NIXLE Emergency Alert System—Register on EPC website: [thevillagesepc.com](http://thevillagesepc.com) or sign up with Public Safety at 408-239-5246.

## Get Ready!

### Prepare your family

- Create a Family Disaster Plan that includes meeting locations and communication plans and rehearse it regularly. Include in your plan the evacuation of large animals such as horses.
- Have fire extinguishers on hand and train your family how to use them.
- Ensure that your family knows where your gas shut-off is and how to use it.
- Plan several different evacuation routes.
- Designate an emergency meeting location outside the fire hazard area.
- Assemble an emergency supply kit as recommended by the American Red Cross.
- Appoint an out-of-area friend or relative as a point of contact so you can communicate with family members who have relocated.
- Maintain a list of emergency contact numbers posted near your phone and in your emergency supply kit.
- Keep an extra emergency supply kit in your car in case you can't get to your home because of fire.
- Have a portable radio or scanner so you can stay updated on the fire.

## Get Set!

### As Fire Approaches

- Evacuate as soon as you are set!
- Alert family and neighbors.
- Dress in long sleeves and pants. Have goggles and a dry bandana/particle mask handy.
- Ensure that you have your emergency supply kit on hand.

### Inside Checklist

- Close windows, unlock doors.
- Remove flammable window coverings.
- Move flammable furniture to center of room.
- Plan several different evacuation routes.
- Shut off gas and pilot lights.
- Shut off air conditioner.
- Leave your house lights on!

### Outside Checklist

- Bring all flammables inside the house.
- Turn off propane tanks.
- Shut off sprinklers. Don't leave on!
- Back car into driveway, shut doors/windows.
- Have an outside ladder ready.
- Extinguish small outside fires until you leave.
- Seal off attic and ground vents, if able.

## Tips—If You Are Trapped

- Stay away from outside walls.
- Bring garden hose inside house.
- Patrol inside home for spot fires—extinguish.
- Wear long sleeved, cotton clothing.
- Stay hydrated—keep drinking water.
- Ensure that it is safe to exit home if it catches fire.
- Fill sinks and tubs for emergency water.
- Place wet towels under doors.
- After the fire has passed, check roof for fire.
- Check inside attic space for embers.
- Patrol your property for fire.
- Call 911 if you cannot put out fires with small amount of water.

## GO! EARLY!

### When to Leave

Do not wait to be told by authorities to evacuate. Leave early enough to avoid being caught in the fire, smoke or road congestion. If and when you are advised to leave—don't hesitate!

### Where to Go

Leave to a predetermined location (it should be a low-risk area, such as a well-prepared neighbor's or relative's house, a Red Cross shelter or evacuation center, motel, etc.)

### How to Get There

Have several travel routes in case one route is blocked by the fire or emergency vehicles and equipment. Choose an escape route away from the fire.

### Emergency Supplies

- One gallon of water per person per day.
- Non-perishable food.
- First Aid kit, emergency blanket, multi-purpose tool.
- Flashlight, radio, extra batteries.
- Keys, cash, credit cards, travelers checks, cell phones and chargers.
- Map with evacuation routes.
- Family/emergency contact information.
- Sanitation supplies/personal hygiene items.
- Prescriptions and medications.
- Important numbers and documents.
- Photos/easily carried valuables.
- Hard drive information.

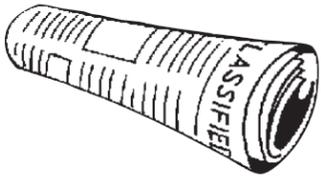
# CLASSIFIED ADVERTISING

## To Place a Classified Ad

**Adrienne Reed:** 408-223-4657, areed@the-villages.com  
**Kory Tran:** 408-754-1341, ktran@the-villages.com

Ad copy is due Monday at 4 p.m.

The Villages does not endorse or guarantee any advertisement or insert using space in this paper to reach our readers. It is the responsibility of the users of these services to check references and claims made. Residents, please be aware California State law mandates any contractor bidding for a job more than \$500 in parts and labor must be licensed. The Contractors State License Board (1-800-321-2752) may be contacted regarding any questions or concerns about a contractor.



## Villages Business Directory

**Traveling Notary**  
 408-425-0614  
 Maxine: drmaxa@comcast.net

## REAL ESTATE

California Law limits the minimum age and maximum number of occupants in a unit. Details available at the Public Safety Administration Office. Licensed Real Estate professionals advertising in The Villager are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.

**For Rent:**  
**\$3200**  
 2 bedroom / 2 bath  
 Completely Remodeled.  
 Private upstairs end unit,  
 faces open space.  
 Available Sept. 1st.  
 Text preferred: 408-829-9993  
 8/24

**For Sale**  
**5128 Cribari Place**  
 2 beds 2 baths  
 Corner Lower Level  
 Light & Bright.  
 Move In Ready  
 Contact:  
 Amy Sung  
 650-468-4834  
 COMPASS  
 DRE#01436684  
 9/7

## Real Estate (continued)

### REAL ESTATE

#### FOR SALE ONE OF A KIND!

Single Level Condominium  
 in Cribari Village,  
 Corner plot with over 6000sf.  
 of open space  
 Beautifully upgraded  
 kitchen and bathrooms.  
 All new paint. Turn key,  
 Great price!  
 Great floor plan!  
 Must see!  
**\$599,950**  
 \*\*\*

#### COMING SOON!

Don't miss this  
 Highly Desirable,  
 Single Family Home!  
 in Olivas Village.  
 2096 sf. 2 bed, 2 bath with  
 Super Large Premier Suite,  
 Delightful back patio.  
 \*\*\*

For more information  
 Please contact:  
**Lucinda Havart -Simkin**  
**SRES**  
 Village's Realtor,  
 EQ1 Real Estate.  
 Top 5% Realtor  
 in Santa Clara County  
 Lucinda@EQ1re.com  
 CalBRE # 01960764  
 www.LucindaHS.com  
 408-480 6220

## Housing Wanted

**WANTED:**  
**Villages Condo or house**  
 SHORT TERM  
 WINTER RENTAL  
 Prefer December 2023 -  
 April 1st 2024 (flexible)  
 Furnished  
 Call Anne. 516-695-1870  
 8/31

## SERVICES

### Appliances

**E&J Appliance Repair**  
**Servicing all**  
 major kitchen appliances,  
 Including Laundry  
 Ricky  
 408-431-0545  
 408-753-6273  
 10/12

**Appliance Repair**  
**Maintenance**  
 Trained, Licensed  
 Insured Repair Specialist  
 All Major Brand Appliances  
 Richard: 408-439-9645  
 armrepair@gmail.com  
 www.armrepair.com  
 9/14

### Automotive Detailing

**Pure Auto Detail**  
**We're mobile &**  
**come to you.**  
 Car wash, paint polishing,  
 scratch removal,  
 interior cleaning  
 & stain removal.  
 We also service golf carts.  
 Archer:  
 408-655-2638  
 8/24

### Carpet Cleaning

**Ferguson Carpet / Tile /**  
**Upholstery Cleaning**  
 408-369-8595  
 Truck Mount  
 Steam Cleaning  
 9/28

## Carpet Cleaning (continued)

### CARPET CLEANING

**SUP-R-KLEEN**  
**Carpet Cleaning**  
 ———  
 Tile & Grout  
 Furniture  
 Wood Floors  
 Carpet Stretching  
 Licensed - Insured  
**408-449-6185**  
 9/07

### Computers

**We Fix PC's / Macs &**  
**Networks**  
 On-Site 7 days,  
 8 AM to 10 PM  
 BBB A+, 2350 Clients,  
 Same day  
 408-866-5121  
 In business since 1988  
 Computerexpertscorp.com  
 9/7

### Draperies

**The Drapery Lady**  
**Custom Draperies, Blinds,**  
**Shades & Shutters.**  
 Over 25 Years Experience  
 408-981-1874  
 9/21

### Heating & A/C

**Master Maintenance**  
**Air Conditioning / Heating /**  
**Water Heaters**  
 Installations, Repairs  
 Preventative Maintenance  
 Phone 408-242-3082  
 Lic.#767008  
 Villagers References  
 Villages Resident  
 7/11

## Housecleaning

**Pink Ladies**  
**House Cleaning**  
 408-375-1760  
 408-717-2327  
 Weekly, Biweekly, Monthly  
 Free Estimates  
 Licensed, insured  
 12/14

**Lucy's House Cleaning**  
**Professional Work**  
 Very Trustworthy  
 30 years of experience  
 (Villagers' references  
 available)  
 Licensed, Free Estimates  
 408-315-0469  
 9/14

## Jewelry & Coins

**CASH PAID**  
**Gold/Costume Jewelry,**  
**Sterling, Diamonds, Coins,**  
**Stamps**  
 ———  
 Tom 1-408-607-7142  
 1/4

## Landscape

### LANDSCAPE

**Rick's Lawn Care**  
**& Property Maintenance**  
 ———  
 Gardening  
 Yard clean ups  
**JUNK REMOVAL**  
 ———  
**Rick**  
**408-439-9706**  
 9/14

**3S Gardening-Landscaping**  
**Lawn, Tree Maintenance**  
 Plants, Flowers.  
 Joseph  
 408-209-8206  
 2/22

**Landscape (continued)**

**LANDSCAPE**

**LANDSCAPE DESIGN**

Create your unique outdoor space and enjoy California outdoor living!

Knowledgeable, creative, experienced Free consultation!

Numerous successful installations (Villager's references available)

**Lori Morris - Beneficial Gardens Design 408-829-8788**  
lori@beneficialgardens.com  
www.beneficialgardens.com 8/24

**Moving/Storage**

**Mike's Moving Transport Svcs.**

Local and long distance Packing & Unpacking Services Shuttle services available Office. 408-286-5552 Cell. 408-717-2200 CAL-T-191326 8/24

**Painting**

**FAITH PAINTING**  
www.faithpainting.com  
408-281-7500  
7 Min From The Villages

-SPRING SPECIALS!  
FREE ESTIMATES!  
FREE WINDOW WASHING  
W/ EXTERIOR PAINTING!  
FREE COLOR CONSULTATION!

RESIDENTAL INTERIOR PAINTING SPECIALIST DRYWALL REPAIRS COMPETITIVE PRICE MATCHING!

30+ YEARS EXPERIENCE INSURED & BONDED LIC. NO. 651686 GREAT REFERENCES! 10/12

**Painting (continued)**

**JAMES PAINTING Villages Resident**  
Lic.No.500613,C33  
408-210-0859  
jamespainting7@comcast.net  
Villages References 6/27

**Piazza Painting 408-674-6333**  
Interior / Exterior  
Lic#877626  
Popcorn Removal  
Free Estimates  
Color Consultation 8/31

**Plumbing**

**PLUMBING**

**Venture Plumbing— The very best for your home plumbing**

Venture Plumbing Company is offering 20% off any plumbing service for 55+ seniors at the Villages in San Jose, we look forward to providing quality plumbing services to your community.

Senior discount offer cannot be combined with any other special offers

**Venture Plumbing**  
Lic. #934775  
Call us today!  
1-866-483-6887 11/2

**ALVCO & SONS PLUMBING**  
(Now operated by sons)  
One Year Guarantee  
Serving the Villages for 20+ years  
Call for a FREE ESTIMATE  
#B585720,C-36  
408-767-1298 11/16

**A.L. Plumbing Honest, reliable & friendly service.**  
Bonded & Insured  
We also unclog drains.  
Lic#1038274  
408-724-1531  
10% senior discounts on labor 8/24

**Remodeling**

**Revamp your Home with Posey Design and Construction**

Proudly serving the Village for 20+ years Offering painting, remodeling, design services and more Contact us for a free estimate P: 408-315-6998 E:michelle@poseydc.com

Licensed and Insured Lic#1032242 10/19

**Repair/Handyperson**

**Bobby Builder Contractor**

All household repairs Villages resident Recessed lighting, sheetrock, bathrooms, electrical, plumbing, decks, doors, tile, floors, stucco, fences, framing, windows, demolition, water damage Lic#714761, Insured 408-497-0476 www.BobbyBuilder.com 1/4

**Handyman Services Repairs**

Small Projects Experienced, Reasonable Robert 408-329-2587 rms49er@yahoo.com 8/31

**Home Trouble? Call Louie the Handyman**  
Repairs, Painting, Window Cleaning, picture and mirror hanging. 408-802-6128 9/7

**Senior In-Home Care**

**EssentialCare Quality, Affordable**  
In-home Care Licensed, bonded, insured. Honest, reliable, certified. Hourly/Live-in A+ ratings CALIC# 434700088 Free consult. 408-368-6918 10/12

**Senior In-Home Care (continued)**

**SENIOR IN-HOME CARE**

**OUTSTANDING AND EXCELLENT Vista Verde Home Services**

Bonded, Licensed, Insured Hourly, Live-in, Transport Great References Free Assessment (408) 509-1257 8/24

**SENIOR IN-HOME CARE**

**STANFORD CARE One Stop Service**

Trusted Provider Hourly / Live-In Licensed & Bonded

**Venus 510-299-4735** 11/2

**Smart Senior / Housesitter Service**

Affordable Rates Caregiver Service Hourly/Live-in Full/Part-Time Experienced References Available Licensed/Insured 408-835-7355 650-207-2442 11/23

**Compassionate Caregiver Medication Reminders**

Meal Preparation Transportation Lic#4600302023 408-258-8274 817-673-8117 8/24

**Caregiver My name is Ednalyn**

I am an experienced caregiver, 10+ years. Please call me if you need help. Let me come to meet you. 408-712-0757 8/24

**Senior In-Home Care (continued)**

**SENIOR IN-HOME CARE**

**CAREGIVERS AVAILABLE ELDERLY MATTERS**

HOURLY/LIVE-IN Insured, Experienced, References Free Assessment Contact: Beth elderlymatters@gmail.com 650-422-1713 408-622-8600 8/10

**SENIOR IN-HOME CARE**

**Caregivers CARE ON CALL**

Licensed, Bonded, Insured. Caregivers are employees, Not independent contractors. Trained and supervised. Hourly, Live-in Free Assessment References Available. 408-857-1872 12/21

**Caregivers 24/7 Excellent Services**  
Experienced, Reliable, Trustworthy Affordable Rate References Available Serving Villagers for 15 years 408-896-7405 408-896-7404 408-896-7403 8/31

**Lakshmi Home Care Exceptional Service**

Available 24-7 Free consultation Licensed, Bonded, Insured 408-921-3936 408-806-1392 408-898-0484 9/7

**Caregiver 408-840-6879**  
408-380-9358 Hourly/Live-in/Overnight Reliable, Friendly Bathe/Shower, Drives, Cooks 9/7

**Classified Ads continued next page.**

**Shoe Repair**

**Andy's Shoe Repair**  
 2850 Quimby Road  
 Suite 100  
 408-270-0850

1/25

**Window Cleaning**

**McKee Window Cleaning**  
**Experienced, Honest**  
 Insured, Licensed  
 Rick McKee: 408-761-4803

9/7

**Transportation**

**Joe/Remy: 650-776-8850**  
**Villages Resident**  
 Airports, Doctors  
 Appointments,  
 Dependable

12/21

**Gabe's Window Cleaning**  
**Inside & Out Tracks**  
 Screens \$200  
 408-393-3177

8/31

**ITEMS  
 FOR SALE**

**SMART SENIOR RIDE**  
**AIRPORT, DOCTORS**  
 APPOINTMENTS  
 Managed by Villager  
 Licensed  
 Gene: 408-966-7703

9/21

**Estate Sales**  
**Online Auctions and**  
**Clean Outs.**  
 Call Annette @ 510.378.0290  
 NorCal Estate Liquidations

1/4

**FOR SALE  
 (CONT.)**

**ESTATE SALE**  
**SATURDAY, AUGUST 26**  
 10AM-3PM  
 8886 WINE VALLEY CIRCLE

Many Items New/Like New.  
 Crystal wares, dishes,  
 rice cookers, pots, small  
 furnitures, seasonal items,  
 pictures, photo frames, silk  
 flowers, bedding, decoration  
 items, much more.

CASH OR CHECK

8/24

**Wilson Golf Clubs**  
**(NEW) in wrapper/Bag**  
 \$195

Wenn band-zaw for sale  
 with stand. \$79.50

408-857-7514

8/24

**WANTED**

**Wanted:**  
**Sports Cards &**  
**Collectibles -**

Baseball, Football, Basketball,  
 Hockey, Soccer, Hot Wheels,  
 Action Figures, Barbie, Comic  
 Books, Toy's &  
 Video Games..etc.  
 Cash for small &  
 large collections.  
 Call or Text -  
 831-801-2113

8/31



**In Memoriam  
 and Obituary  
 Notices**

In Memoriam notices are  
 run free of charge.

Notices include name of  
 deceased, date of birth and  
 date of passing. Brief notices  
 of memorial gatherings may  
 be included with the notice,  
 providing event is held in a  
 Villages' facility.

Obituary notices may  
 be placed in the Classified  
 Advertising section for a fee.

For more information,  
 please call Kory Tran at 408-  
 754-1341 or email: ktran@  
 the-villages.com, or Scott  
 Hinrichs at 408-223-4655  
 or email: shinrichs@the-  
 villages.com.

**The Villages Lost & Found**

Located in the Community  
 Resource Center (Building B).

Items are held for 30 days.  
 Items remaining  
 unclaimed after 30 days  
 are donated to a charity.

Please call 274-4400  
 if you have recently  
 lost an item.

**Call (408) 559-5800 Today!**

**World's Best Recliner & Best Mattresses**  
 and Adjustable Bed Frames



- \*Lift Legs Above Heart
- \*Lay Flat Sleep Setting
- \*Power Head and Lumbar Support
- \*Choose from Power Recline and Lift



- \*Relieve Back and Neck Pain
- \*TV/Reading Position
- \*Temperature Regulating Technology
- \*Relieve Throat and Lung Pressure

**\*In Store Shopping\* | \*Curbside Pick Up\* | \*Curbside Delivery\* | \*In Home Delivery\***

**Support Your Local Small Business**

**Your One Stop Shop for Comfort**

**American Medical & Equipment Supply**  
 www.americanmedicalinc.com

**Recline & Sleep**

www.reclineandsleep.com

**Floor 1**

**Floor 2**

**3725 Union Ave San Jose, CA 95124**

## FROM THE VILLAGES LIBRARY

The Villages Library is open Monday through Friday, 9 a.m. to 3 p.m., and Saturday 9 a.m. to 1 p.m.

**“The Lost Apothecary” by Sarah Penner.** One cold February evening in 1791, at the back of a dark London alley in a hidden apothecary shop, Nella waits for her newest customer. Once a respected healer, Nella now uses her knowledge for a darker purpose—selling well-disguised poisons to desperate women who would kill to be free of the men in their lives. But when her new customer turns out to be a precocious twelve-year-old named Eliza Fanning, an unexpected friendship sets in motion a string of events that jeopardizes Nella’s world and threatens to expose the many women whose names are written in her register. In present day London, aspiring historian Caroline Parcellwell spends her tenth wedding anniversary alone, reeling from the discovery of her husband’s infidelity. When she discovers an old apothecary vial in the River Thames, she can’t resist investigating, only to realize she’s found a link to the unsolved “apothecary murders” that haunted London two centuries ago. As she deepens her search, Caroline’s life collides with Nella’s and Eliza’s in a stunning twist of fate—and not everyone will survive. Fiction, 2023.

**“Stars in an Italian Sky” by Jill Santopolo.** Genoa, Italy, 1946. Vincenzo and Giovanna fall in love the moment they set eyes on each other. The son of a count and the daughter of a tailor, they belong to opposing worlds. Despite this, the undeniable spark between them quickly burns into a passionate relationship spent exploring each other’s minds, bodies and their city, as well as Vincenzo’s family’s sprawling vineyard, Villa Della Rosa—until shifts in political power force them each to choose a side and commit what the other believes is a betrayal, shattering the bright future they dreamed of together. New York, 2017. Cassandra and Luca are in love. Although neither quite fits with the other’s family, Cass and Luca have always felt like a perfect match for each other. But when Luca, an artist, convinces his grandfather and Cass’s grandmother to pose for a painting, past and present collide and reveal a secret that changes everything. Large Print, Fiction, 2023.

**“The Violin Conspiracy” by Brendan Slocumb.** Ray McMillian loves playing the violin more than anything; nothing will stop him from pursuing his dream of becoming a professional musician. Not his mother, who thinks he should get a real job, not the fact that he can’t afford a high-caliber violin, not the racism inherent in the classical music world. And when he makes the startling discovery that his great-grandfather’s fiddle is actually a priceless Stradivarius, his star begins to rise. Then with the international Tchaikovsky Competition approaching, his prized family heirloom is stolen. Ray is determined to get it back. But now his family and the descendants of the man who once enslaved Ray’s great-grandfather are each claiming that the violin belongs to them. With the odds stacked against him and the pressure mounting, will Ray ever see his violin again? Large and Regular Print, Mystery, 2022.

**“A Dangerous Business” by Jane Smiley. Monterey, 1851.** Ever since her husband was killed in a bar fight, Eliza Ripple has been working in a brothel. It seems like a better life, at least at first. The madam, Mrs. Parks, is kind, the men are (relatively) well behaved, and Eliza has attained what few women have: financial security. But when the dead bodies of young women start appearing, a darkness descends that she can’t resist confronting. Side by side with her friend Jean, Eliza pieces together an array of clues to try to catch the killer, all the while juggling clients who begin to seem more and more suspicious. Eliza and Jean are determined not just to survive, but to find their way in a lawless town on the fringes of the Wild West—a bewitching combination of beauty and danger—as what will become the Civil War looms on the horizon. As Mrs. Parks says, “Everyone knows that this is a dangerous business, but between you and me, being a woman is a dangerous business, and don’t let anyone tell you otherwise ...” Large Print, Fiction, 2023.

## VMA offers free rides for grocery shoppers



As a reminder, in addition to all the benefits provided by the Villages Medical Auxiliary, we also provide “grocery shopping” transportation to our non-driving residents.

Transportation days are every Wednesday and usually to either Lucky Supermarket or CVS. We provide the ride but residents need to be able to shop on their own.

Just contact the VMA office during business hours (Monday through Thursday 9:30 a.m. – 2:30 p.m.) at 408-238-4230 with at least three days’ notice.

## Enjoy writing and computers? VMA needs you

Do you have a few uncommitted hours each week that you would like to do something meaningful with? Do you enjoy writing? Would you like to see your articles in the Villager newspaper every week? Do you find it easy to communicate with others and find it easy to listen to them and objectively understand their point of views? Do you have mad computer skills, and you don’t have any phobias regarding spreadsheets? Then we definitely want you on our team!

The VMA is actively looking for a new **Communications Director**, and if any of the previous questions pushed any buttons, we would very much like to talk with you...soon!

Please contact Mitzi Macon, VMA President at mitzimacon@yahoo.com or Karen Kosmala, VMA Vice President at kkosm1028@gmail.com

## Power outages...

(Continued from page 23)

stoves, or charcoal grills should always be used outdoors and at least 20 feet away from windows. Never use a gas stovetop or oven to heat your home.

Check on your neighbors. Older adults and young children are especially vulnerable to extreme temperatures.

Go to a community location with power if heat or cold is extreme. (Be aware that community shelters may not be available during the coronavirus emergency.)

Turn off or disconnect appliances, equipment, or electronics. Power may return with momentary “surges” or “spikes” that can cause damage.

### Be Safe AFTER the outage.

When in doubt, throw it out! Throw away any food that has been exposed to temperatures 40 degrees or higher for two hours or more, or that has an unusual odor, color, or texture.

If the power is out for more than a day, discard any medication that should be refrigerated, unless the drug’s label says otherwise. If a life depends on the refrigerated drugs, consult a doctor or pharmacist and use medicine only until a new supply is available.

Information from: ready.gov/power-outages

## Please return loaned equipment to VMA

The Villages Medical Auxiliary (VMA) lends all types of medical equipment for *free, free, free*, to any Villager who may need it?

Presently there are certain items that we could use some help with.

In particular, we currently have a very small number of four-wheel walkers, transport wheelchairs and knee scooters.

Our return policy couldn’t be any easier—just call the VMA Office and one of the volunteers will come for a pickup.

We still have inventory on too many different items to list here, but you can see a complete list of what is available for loan—our updated Equipment Catalog on the VMA website (vmavillages.org) or visit the VMA Office to look at it.

# 555

## Bistro Happy Hour

**\$5 House Cocktails**

**\$5 House Wines**

**\$5 Draft Beers 16oz**

**2 to 5 p.m. Tuesday to Sunday**

**All day on Monday**

Prices subject to service charge and tax



Suzanne Rodda  
408-659-0001

**SUZANNE IS AVAILABLE FOR YOU, 7 DAYS A WEEK - Call 408-659-0001**



**VILLAGE CRIBARI \$490,000**

2 Bd | 2 Ba | 1240 sf

Light, bright & open floor plan with extended patio to enjoy the beautiful, tranquil & private setting.

**FOR SALE - RODDA REALTY TEAM**



**VILLAGE CRIBARI \$490,000**

2 Bd | 2 Ba | 1223 sf

Light, bright & spacious lower level end unit. Sliding door leading to fabulous large patio with gate.

**FOR SALE - RODDA REALTY TEAM**



**VILLAGE MONTGOMERY \$738,950**

2 Bd | 2 Ba | 1340 sf

No Rear Neighbors! Idyllic Private Setting! Light, bright airy floor plan. Must See!!

**FOR SALE - RODDA REALTY TEAM**



**VILLAGE HIGHLANDS \$949,850**

2 Bd + Den | 2.5 Ba | 1751 sf

Completely Renovated! Incredibly Stunning, open living space. MUST SEE!

**FOR SALE - RODDA REALTY TEAM**



**VILLAGE DEL LAGO \$949,950**

2 Bd + Den | 2 Ba | 1679 sf

Lovely serene setting of beautiful greenbelt & picturesque pond off large patio. MUST SEE!

**FOR SALE - RODDA REALTY TEAM**



**VILLAGE OLIVAS \$1,198,000**

2 Bd + Den | 2.5 Ba | 2305 sf

Beautifully updated with elegant features. Picturesque & serene setting overlooking pond. MUST SEE!!

**FOR SALE - RODDA REALTY TEAM**



**VILLAGE MONTGOMERY \$650,000**

**SOLD IN 5 DAYS!**

Please give a warm welcome to our new Villagers!

**REPRESENTED BUYER & SELLER  
RODDA REALTY TEAM**



**VILLAGE HERMOSA \$912,500**

**SOLD IN 9 DAYS & \$12,500 OVER LIST!**

Please give a warm welcome to our new Villagers!

**REPRESENTED SELLER - RODDA REALTY TEAM**



**VILLAGE MONTGOMERY \$839,000**

**SOLD!!!**

Please give a warm welcome to our new Villagers!

**REPRESENTED SELLER - RODDA REALTY TEAM**

**#1 REALTOR IN VILLAGES SALES & RENTALS - YOUR LOCAL REALTOR & RESIDENT**



**RODDA  
REALTY  
TEAM**

**Suzanne Rodda**

BROKER ASSOCIATE

Suzanne@RoddaTeam.com

2925 The Villages Parkway, San Jose, CA 95135

Lic# 01217393

**#1 Real Estate Agent in Villages Sales Year After Year!**

Now is when you need an experienced

Villages Agent working for You!

Call Suzanne Rodda to get TOP dollar!

**408-659-0001**

